



# 2014

## Calendrier de course à pied

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## Road Race Calendar



**Running Room** LTD.®

New Brunswick  
Medical Society  
SOCIÉTÉ  
MÉDICALE  
du Nouveau-Brunswick

**TIMEX**

# **Run NB Executive 2014**

## **Comité Exécutif de Course NB 2014**

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### **CHAIRPERSON / PRÉSIDENT**

**Brian Richard**

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### **EXECUTIVE DIRECTOR / DIRECTEUR EXÉCUTIF**

**Jim Johnson**

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### **PAST PRESIDENT / PRÉSIDENT SORTANT**

**Gilles Gautreau**

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**Mary Brosnan**

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Tel: (506) 639-2685 (C)

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### **WEBMASTER & STATISTICIAN / WEBMESTRE & STATISTICIEN**

**Gilles Gautreau**

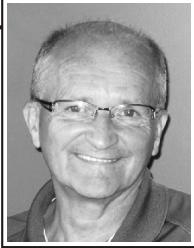
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**RunNB welcomes volunteers to our committee.  
CourseNB vous invite à vous joindre à notre comité.**



# Brian's Message

In 2013 RunNB achieved a complete turnaround from the previous year. We tightened our belt financially after suffering a loss in our 2012 operating budget, and now show a healthy financial outlook.

In June our President Gilles Gautreau resigned after five years of leading RunNB to new heights. Gilles has remained on the executive as Past President. Brian Richard, President of the Miramichi River Runners for the past 30 years, moved up from Vice-President to take over the reins. Brian's position of Vice-President was filled by Donald Wade of Tracadie-Sheila.

This completed our executive committee, which also consists of Sylvio Bourque Vice President, from Grande-Digue, Bruce MacFarlane Secretary from Fredericton, Paul Lavoie Treasurer, from Fredericton and Jim Johnson as our Executive Director from Fredericton. Jim is the only paid employee of RunNB, and works on a part-time basis. The executive members were elected to their positions at the AGM in November.

To round out our board we have Mary Brosnan and Michael Lynch from Lorneville, Rob Jackson from Fredericton, Daryl Steeves from Rothesay and Gabe LeBlanc from Dieppe.

A number of good things happened in RunNB last year, and probably the most important was the addition of the NB Medical Society stepping to the plate with the sponsorship of the Kids Run. This is truly a win-win partnership for us and the physicians in our province. We couldn't be in better company.

The joint project "Small Strides, Healthy Lives" enabled us to purchase over 2640 medals in our program to promote to our youth the fun of running. Each child under the age of 14 was given a medal for completing specific races around the province.

I would never have dreamed that a year in which we had a gain of almost 5,000 runners from 2012, it would be possible to surpass the previous year of 10,900. In terms of the comparison that represents an increase of just over 45%. Wow! To date, we've never had a period of six years underperformance, having a steady increase since 2008.

One thing of which you can be certain, we are going in the right direction. We're confident that we will be moving forward with the number of races that reached just over 100 last year. Our 2014 budget is healthy with an operation in the black.

We do better when the wind is in our face. Our total budget is healthy enough to enable us to bring back prize money in all five Provincial Championships in 2014, after striking it from our budget in 2013. We are increasing our education awards to three students and I'm happy to announce Dr. Paula Keating will be awarding an additional education award to a worthy female runner.

## Brian's Message (continued)

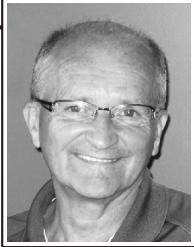
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Now to some more good news for 2014:

- We will be working with a budget income of \$47,700 with a healthy bottom line.
- We will be producing our annual 30-page running booklet with all the race information for the year.
- The Running Room Super Series will be continuing.
- Our five-race Timex series is still a go.
- Our 6th annual Hall of Fame and Awards night will be in Beresford this November.
- We are introducing a new Elite running program to recognize runners with cash awards.
- Continue to watch the 70+ group as they set record after record. We had 20 records broken in 2013.
- Mike Doyle has again stepped forward with the help of Paul Lavoie and Marie Wilson to present the NB Challenge 2014. This is a series of four races that now include the Miramichi with the three previous tri-city medals from 2013.
- Last year, all three organizers of the Fredericton Scotiabank Marathon, Marathon by the Sea in Saint John and Moncton's Legs for Literacy joined forces to offer a unique Tri-City run. Race organizers of each event collaborated on a medal design for each of their respective events. As the first event of its kind in the region, finishers of all three events can connect their distinct medals to form one. This was a fantastic job by all three groups.
- The Tri-City races were sold out with Legs leading the way with 3100 runners registered for their October run, a new record in New Brunswick.
- We now have three areas in the province, one each in Miramichi, Tracadie-Sheila and Fredericton where runners are putting on monthly races in their communities. Miramichi has 18 races scheduled for 2014 while Tracadie-Sheila and the BS runs in Fredericton have 12 each.
- For the first time ever the Miramichi River Runners passed the 1000 runner barrier with 1043 while Tracadie-Sheila saw their numbers jump to 422 and the BS (Blood Sugar) Monitor runs in their first year are just under 200. The trio made up for 45% of the races in our calendar in 2013.
- Our Hall of Fame welcomed Olympian Joel Bourgeois and his father Paul-Pierre to the shrine that has expanded to 12 members in this prestigious honour.

Many thanks go to each of our committee members, who continue to devote many volunteer hours to help RunNB better serve the NB running population. Also, at the heart of running in New Brunswick are the many race directors and numerous volunteers who make each race possible. RunNB acknowledges and expresses our appreciation to all of these volunteers, who make it possible for road racing to thrive in New Brunswick.

Thanks,  
Brian Richard, President



# Message de Brian

En 2013, CourseNB a connu un revirement de l'année précédente. Nous nous sommes serrés la ceinture financière après avoir subi un déficit dans notre budget 2012 et nous avons maintenant un avenir financier prometteur.

En juin, notre président Gilles Gautreau a remis sa démission après avoir mené Course NB vers de nouveaux sommets. Gilles siège toujours sur l'exécutif à titre de président sortant. Brian Richard, président des Miramichi River Runners depuis 30 ans, est passé de vice-président à la présidence. Le poste de Brian à la vice-présidence a été comblé par Donald Wade de Tracadie-Sheila.

Cela a permis de remplir les postes au comité exécutif, qui inclut aussi Sylvio Bourque, vice-président, de Grande-Digue, Bruce MacFarlane, secrétaire, de Fredericton, Paul Lavoie, trésorier, de Fredericton et Jim Johnson, directeur exécutif, aussi de Fredericton. Jim est le seul employé salarié de CourseNB, et il travaille à temps partiel. Les membres de l'exécutif furent élus à leur poste à l'AGA de novembre.

Pour compléter l'exécutif, nous avons Mary Brosnan et Michael Lynch de Lorneville, Rob Jackson de Fredericton, Daryl Steeves de Rothesay et Gabe LeBlanc de Dieppe.

Plusieurs événements ont marqué favorablement CourseNB l'an passé et probablement le plus important fut l'ajout de la Société médicale du Nouveau-Brunswick comme commanditaire de la course pour enfants. Ce partenariat est une formule gagnante pour notre organisme et pour les médecins de la province. Nous sommes en bonne compagnie.

Le projet conjoint «Courir pour mieux grandir» nous a permis d'acheter plus de 2640 médailles pour notre programme qui fait la promotion du plaisir de courir auprès des jeunes. Chaque enfant de moins de 14 ans a reçu une médaille pour avoir complété une course sanctionnée, et ce pour l'ensemble de la province.

Je n'aurais jamais rêvé pendant l'année qui nous a apporté près de 5000 coureurs de plus qu'en 2012, qu'il serait possible de dépasser le nombre de l'année précédente de 10 900 coureurs, ce qui représente une augmentation de plus de 45%. Super! Jusqu'à date, nous n'avons jamais eu une période de six années en diminution, mais plutôt une augmentation constante depuis 2008.

Ce qu'il y a de certain, c'est que nous allons dans la bonne direction. Nous sommes confiants que nous allons progresser au niveau du nombre de courses qui a atteint plus de 100 l'an passé. Notre budget pour 2014 est en bonne santé, affichant un surplus.

Nous performons mieux lorsque le vent est de face. Notre budget global est suffisamment fort pour nous permettre de ramener les prix en argent pour les cinq championnats provinciaux en 2014, après les avoir coupés de notre budget 2013. Nous augmentons les bourses d'études à trois étudiants et je suis heureux d'annoncer que Dr. Paula Keating accordera une bourse d'étude additionnelle à une coureuse méritante.

Voici d'autres bonnes nouvelles pour 2014:

- Nous travaillerons avec un budget dont les revenus se chiffrent à 47 700\$, avec un résultat financier positif.

## **Message de Brian** (continue)

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- Nous produirons notre livret annuel de 30 pages contenant toute l'information concernant les courses de l'année.
- La Super Série de Running Room se poursuivra.
- Notre série de cinq courses Timex va de l'avant.
- Notre 6ième soirée annuelle du Temple de la renommée et des prix se tiendra à Beresford en novembre.
- Nous introduisons un nouveau programme de course élite qui accordera des prix en argent aux coureurs.
- Le groupe de 70+ est à surveiller alors qu'il continu à fracasser les records. Vingt records furent fracassés en 2013.
- Mike Doyle a encore une fois offert son aide à Paul Lavoie et Marie Wilson pour présenter le Défi Nouveau-Brunswick 2014. Cette série de quatre courses inclus maintenant Miramichi avec les trois autres cités qui formaient le trio sur la médaille en 3 parties de 2013.
- L'an passé, les trois organisateurs du Marathon Scotia Bank de Fredericton, le Marathon by the Sea de Saint-Jean et Courir pour lire de Moncton ont uni leurs forces afin d'offrir une course unique regroupant les trois villes. Les organisateurs de chaque course ont collaboré à produire une médaille pour chacune de leur course. Ce premier événement du genre dans la région permettait aux coureurs qui complétaient les trois courses de joindre ensemble les médailles distinctives afin d'en former qu'une. Ces trois groupes ont réalisé un travail formidable. Les courses des trois cités ont toutes affiché complet alors que Courir pour lire menait le bal avec 3100 coureurs inscrits pour la course d'octobre, un nouveau record au Nouveau-Brunswick.
- Nous avons présentement trois régions de la province, Miramichi, Tracadie-Sheila et Fredericton, qui offrent aux coureurs une course mensuelle dans leur communauté. Miramichi offrent 18 courses au calendrier pour 2014 tandis que Tracadie-Sheila et la course BS de Fredericton en offrent 12 chacun.
- Pour la première fois de son histoire, les Miramichi River Runners ont dépassé le nombre de 1000 au niveau des inscriptions avec 1043 au total, tandis que Tracadie-Sheila a vu ses inscriptions augmenter à 422 et les courses BS (Blood Sugar) Monitor à leur première année se chiffrent à presque 200. Ce trio représente 45% de nos courses au calendrier en 2013.
- Le Temple de la renommée de CourseNB a accueilli l'olympien Joël Bourgeois et son père Paul-Pierre qui compte présentement 12 membres ayant reçu cet honneur prestigieux.

Nous remercions généreusement chaque membre du Conseil d'administration qui continue de consacrer beaucoup de temps bénévolement afin de permettre à CourseNB de mieux desservir la communauté de coureurs du N.-B. De plus, au cœur de la course au Nouveau-Brunswick se trouvent les nombreux directeurs de course et les bénévoles qui rendent ces courses possible. CourseNB désire reconnaître ces bénévoles et exprimer notre appréciation envers tous ces bénévoles qui permettent à la course à pied de grandir au Nouveau-Brunswick.

Merci.  
Brian Richard, président

## Welcome to the 2014 New Brunswick Road Racing Series

There are 50+ exciting races which form the NB Racing Circuit. More than 20 of those races are designated as **Running Room Super Series** where runners will accumulate points towards the Provincial Standings. As results are received, points are compiled and will be posted on the Run NB web site. Runners will receive points only for the main race of a Super Series event.

Points will be calculated based on finish position within each age category (see list of categories below). Points will be awarded to the top 24 runners in each age category. See the point tables for positions and values. In the event 2 or more runners finish the season with an equal number of points, the runner achieving the best time at the 10K distance will win the tie.

Runners will remain in the same age category for the entire season, based upon their age as of December 31, 2014.

Previous Super Series winners are posted on Run NB's website ([www.runnb.ca](http://www.runnb.ca))

## Bienvenue à la série de course à pied du Nouveau-Brunswick pour l'année 2014

Cette année, Course NB comprends 50+ courses au calendrier. Plus de 20 de ces courses font partie de la "**Super Série Running Room**". Vous pouvez y participer et accumuler des points envers les rangs provinciaux. Durant la saison de Course NB, les points du coureur sont accumulés et affichés sur le site web de Course NB.

Les coureurs reçoivent des points seulement pour les événements principaux de la Super Série Running Room. Les points sont calculés en se basant sur la position des coureurs dans leurs catégories d'âges respectives (voir la liste des catégories ci-dessous). En cas où deux ou plusieurs coureurs ont des points égaux à la fin de la série, le coureur qui recevra le meilleur temps sur une distance de 10km sera le gagnant.

Tout coureur demeurera dans la catégorie d'âge à laquelle il débute la saison, basée sur son âge au 31 décembre 2014.

**Les noms des gagnants des années précédentes de la Super Série se retrouvent sur le site web de Course N-B ([www.coursesnb.ca](http://www.coursesnb.ca))**

### POINTS FOR SUPER SERIES RACES / POINTS POUR LES COURSES SUPER SÉRIES :

1st = 50 pts	6th = 29 pts	11th = 24 pts	16th = 19 pts	21st = 14 pts	26th = 09 pts	31st = 04 pts
2nd = 45 pts	7th = 28 pts	12th = 23 pts	17th = 18 pts	22nd = 13 pts	27th = 08 pts	32nd = 03 pts
3rd = 40 pts	8th = 27 pts	13th = 22 pts	18th = 17 pts	23rd = 12 pts	28th = 07 pts	33rd = 02 pts
4th = 35 pts	9th = 26 pts	14th = 21 pts	19th = 16 pts	24th = 11 pts	29th = 06 pts	34th = 01 pts
5th = 30 pts	10th = 25 pts	15th = 20 pts	20th = 15 pts	25th = 10 pts	30th = 05 pts	35th = 00 pts



### Age Categories / Catégories :

Men + Women, age on December 31, 2014 /  
Homme + Femme, age au 31 décembre, 2014

-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+



## Welcome to the 2014 Timex New Brunswick Road Running Series

## Bienvenue à la saison 2014 de la Série Timex de course sur route du Nouveau-Brunswick

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TIMEX CONTINUES TO BE ONE OF THE MAIN SPONSORS OF RUN NB, PROVIDING BOTH WATCHES AND FINANCIAL SUPPORT TO OUR ORGANIZATION. THANK YOU TIMEX!

TIMEX CONTINUE À ÊTRE UN DES PRINCIPAUX COMMANDITAIRES DE COURSE NB FOURNISANT DES MONTRES ET DE L'AIDE FINANCIÈRE À NOTRE ORGANISATION. MERCI TIMEX!

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### What is the Timex Road Race Series?

It is a series of six races chosen by Run NB which are used to select NB's top distance runners and award prizes.

### Qu'est-ce qu' est la série Timex des courses sur route?

C'est une série de six courses choisies par Course NB. Les résultats de ces courses sont utilisés pour choisir les meilleurs coureurs de fond du NB et leur accordées des prix.

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### How are points accumulated?

For each race, points will be awarded as follows: first will be worth 50 points, second is 45 points, 3rd place is 40 points, 4th is 35 points, 5th is 30 points, 6th is 29 points, etc. The runner who has the highest total points accumulated will be declared the Timex Series winner.

### Comment est-ce que les points sont accumulés?

Pour chaque course, des points seront attribués comme suit: la première position reçoit 50 points, le 2ème 45 points, le 3ème 40 points, le 4ème 35 points, le 5ème 30 points, le 6ème 29 points, etc... Le coureur qui a accumulé le plus de points sera déclaré le gagnant de la série Timex.

**2014 Canadian 10km Championships**  
**Toronto, Ontario**  
**Saturday September 20, 2014**

**Championnat canadien du 10 km (2014)**  
**Toronto, Ontario**  
**Samedi 20 septembre 2014**

# ELITE



# SERIES

At our AGM in November, RunNB adopted an idea from the Chaleur Running Club to promote a series of races that would award \$\$ prize money to runners. It will be called the **ELITE Series**.

We are now in a position to implement this program on a one-year trial.

It works this way. Any race that awards prize money will be in the ELITE series, but must award the minimum:

**1<sup>ST</sup> \$80 / 2<sup>ND</sup> \$60 / 3<sup>RD</sup> \$40**

to both the male and female runners, that's \$360 total.

Yes, the Race Directors can award more money to the top three male and female runners at their race. You can award as much as you wish to as many runners as you wish but you must meet the minimum.

As far as the NB Championships are concerned, RunNB has returned to awarding prize money to the top three runners in both the male and female categories.

If you are hosting a NB Championship the money we as RunNB award does not count for you to be an ELITE race unless you meet the minimum yourself.

That means you would need to put up the minimum as well. For example the Rock n Run in Miramichi is the provincial ½ Marathon Championship. If they wish to be an ELITE series as well, they need to present the minimum \$\$.

When the Elite series race is over, the Race Directors are to email me Brian Richard at [scorbord@mac.com](mailto:scorbord@mac.com) with the following information: Names of all \$\$ winners and how much they won. I will then compile the list of \$\$ winners and position finished.

Cash awards would be for year long residence of NB only. If you award a runner from outside the province 1<sup>st</sup>, 2nd or 3<sup>rd</sup> place money then you must also give the NB runner the same amount. The minimum of \$80-\$60-\$40.

The top three runners in each race will receive 100 points for 1<sup>st</sup>, 80 points for second and 75 points for third.

A list of \$\$ winners on how much money each runners won will be accumulated, and at the end of the season the top three winners will receive

**1<sup>ST</sup> \$400 / 2<sup>ND</sup> \$200 / 3<sup>RD</sup> \$100**

based on the points accumulated. I will post the point and \$\$ leaders after each race.

Race Directors who wish to be part of the series, please contact me by email ([scorbord@mac.com](mailto:scorbord@mac.com)) or call 622-7280.

Thanks, Brian Richard



REGISTER TODAY FOR ONE OF THESE  
GREAT RUNNING ROOM ONLINE EVENTS:

**Grande-Digue 15k**

Saturday, April 26th in Grande-Digue, NB

**YSJ-10K / 5K**

Saturday, May 3rd in Saint John, NB

**Army 10K**

Saturday, June 7th in Oromocto, NB

**St. Andrews Father's Day Road Race**

Sunday, June 15th in St. Andrews, NB

**Miramichi Rock and Run**

Sunday, June 22nd in Miramichi, NB

**Beat the Tide 5 Miler**

Saturday, July 5th in St Andrews by the Sea, NB

**Emera Marathon By the Sea**

Sunday, August 10th in Saint John, NB

**Fido and Friends Fun Run**

Sunday, August 24th in Saint John, NB

**Race Against the REDS**

Saturday, August 30th in Fredericton, NB

**The Dam Run**

Saturday, October 11th in Perth-Andover, NB

**GTECH Legs for Literacy Marathon**

Sunday, October 26th in Moncton, NB

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Visit us online or drop by a store location to check out our training programs  
Join us for our FREE practice sessions every Wednesday at 6:00pm and Sundays at 8:30am

**www.runningroom.com**

Fredericton Running Room  
Kings Place Unit 26, 440 King St  
Ph: (506) 459-4440  
fredericton@runningroom.com

Moncton Running Room  
Landing at the Bend, 300 Main St  
Ph: (506) 386-6002  
moncton@runningroom.com

Saint John Running Room  
Brunswick Square, Unit A1 39 King St  
Ph: (506) 652-6946  
brunswicksquare@runningroom.com

# RunNB – Provincial Championships

**WHAT ARE THE PROVINCIAL CHAMPIONSHIPS?**

## 5 Races – 5 Distances

For 2014, RunNB presents the following five Provincial Championship events:

DISTANCE	EVENT	CITY	DATE
5km	RIVER VALLEY RAVE RUN	Grand Bay-Wfld	May 31st
8km	HAMPTON 5 MILER	Hampton	Sept 7th
10km	COURSE GEORGE GALLANT	Shediac	July 12th
21.1km	MIRAMICHI ROCK N RUN	Miramichi	June 22nd
42.2km	LEGS FOR LITERACY MARATHON	Moncton	October 26th

Each Provincial Championship earns double points in the Running Room Super Series.

For more details, go to the RunNB website at:

<http://runnb.ca/General/programs.php?program=prov-champs>

# Championnats Provinciaux de CourseNB

**QU'EST-CE QUE LE CHAMPIONNAT PROVINCIAL DE COURSE NB?**

## 5 Courses – 5 Distances

Pour 2014, CourseNB inclura les cinq Championnats Provinciaux suivants:

DISTANCE	ÉPREUVE	VILLE	DATE
5km	RIVER VALLEY RAVE RUN	Grand Bay-Wfld	31 mai
8km	HAMPTON 5 MILER	Hampton	7 septembre
10km	COURSE GEORGE GALLANT	Shediac	12 juillet
21.1km	MIRAMICHI ROCK N RUN	Miramichi	22 juin
42.2km	LEGS FOR LITERACY MARATHON	Moncton	26 octobre

Accumulez le double des points de la Super Serie Running Room.

Pour plus de renseignements, allez au site web de CourseNB:

<http://runnb.ca/General/programs.php?program=prov-champs>



## SCHEDULE OF EVENTS HORAIRE DES COURSES

ALL EVENTS ARE SUBJECT TO CHANGE. ALWAYS CHECK WITH THE CONTACT PERSON.  
REFER TO OUR WEB SITE [WWW.RUNNB.CA](http://WWW.RUNNB.CA) FOR UPDATES & RESULTS.

TOUS LES ÉVÉNEMENTS SONT SUJETS A CHANGEMENT. VÉRIFIEZ TOUJOURS AVEC LA PERSONNE CONTACT ET RÉFÉREZ-VOUS A NOTRE SITE WEB [WWW.COURSENB.CA](http://WWW.COURSENB.CA) POUR MISES À JOUR ET RÉSULTATS.

### KEY TO RACE INFORMATION / LÉGENDE D'INFORMATION RELIÉE À LA COURSE

Date / Date	Location / Lieu	Race Start / Départ	Distance(s) / Distance(s)	Registration Fee / Coût d'enregistrement	Info
Registration / Enregistrement	Online Registration / Enregistrement en ligne	Provincial Championship / Championnat provincial	Race Status / Statut des courses	WWW / Site web de l'épreuve	



St-Isidore à Tracadie-Sheila

## Demi-Marathon de l'Acadie 2014

- Sun, January 5 / Dim, 5 janvier
- Sun, February 2 / Dim, 2 février
- Sun, March 2 / Dim, 2 mars
- Sun, April 6 / Dim, 6 avril
- Sun, May 4 / Dim, 4 mai
- Sun, June 1 / Dim, 1 juin
- Sun, July 6 / Dim, 6 juillet
- Sun, August 3 / Dim, 3 août
- Sun, September 7 / Dim, 7 sept
- Sun, October 5 / Dim, 5 octobre
- Sun, November 2 / Dim, 2 nov
- Sun, December 7 / Dim, 7 dec

REGISTRATION/ENREGISTREMENT 09:00-09:30AM, PISCINE S.-A.-DIONNE – START/DÉPART 10:00AM

Flat course from St. Isidore to Tracadie-Sheila; medals for top 3 finishers m/f  
Parcours de St-Isidore à Tracadie-Sheila sur un parcours relativement plat; médailles  
Contact: Jean-Marie Breau, Tel: 506-395-5892, Email: [jmb21km@hotmail.com](mailto:jmb21km@hotmail.com);  
or/ou Donald Wade, Tel: 506-395-2890, Email: [donw@nb.sympatico.ca](mailto:donw@nb.sympatico.ca)

[www.demi-marathon.anb.ca](http://www.demi-marathon.anb.ca)

# APRIL / AVRIL 2014

**#1**

## STU TOMMIES SHOE GIVEAWAY 5K

	Sun, April 06 / Dimanche, 06 avril		\$20.00 donation to the STU Gas Fund
	Fredericton, NB		Sanctioned
	5 km		Course on Paved Trail & Bridge.
	10:00am, 411 University Ave		Coach Coffin is giving away 5 pairs of kid's running shoes to participants who run the 5 secret magic times. The top runners also receive surprise gifts.
	Race Day Reg: starts at 09:00am, Lady Beaverbrook Arena		

**#2**

## LORNEVILLE LOOP 13K

	Sun, April 13 / Dimanche, 13 avril		Pre-Reg: Running Room Saint John
	Saint John, NB		Race Day Reg: Walk - 07:30-8:30am, Run 07:30-10:00am
	13 km Run / 13 km Walk		Online Reg: <a href="http://www.events.runningroom.com">www.events.runningroom.com</a>
	09:00am for Walk, 10:30am for Run, Start at Lorneville Community Centre		\$20 until January; \$35 until race day; \$40 on race day. Please consider making a donation to the IWK during registration
	Running Room Super Series		Best finisher medal! All proceeds to IWK

**#3**

## BRENT KELLY MEMORIAL 5-MILER

	Sat, April 26 / Samedi, 26 avril		Race Day Reg: starts at 07:00am
	Saint John, NB		<a href="http://www.atlanticchip.ca">www.atlanticchip.ca</a>
	5mi Run/Walk		\$25.00 / \$65 per family
	09:00am, Irving Nature Park Beach		Sanctioned

**#4**

## LE 15 KM DE GRANDE-DIGUE

	Sat, April 26 / Samedi, 26 avril		Race Day Reg: École de Grande-Digue
	Grande-Digue, NB		Online Reg: <a href="http://www.events.runningroom.com">www.events.runningroom.com</a>
	15 km Run / 3 km Run & Walk / 15 km Walk		\$35.00 (15K Run) / \$25.00 (15K Walk) / \$20.00 (3K Run/Walk)
	Start Times: 08:30am (15 km Walk), 09:30am (15 km Run) and 09:40am (3 km Run/Walk), Grande-Digue Church		Timex / Elite / Running Room Super Series (15km)

# MAY / MAI 2014

**#5**

## MERCURY MARCH

	Sat, May 03 / Samedi, 03 mai		Race Day Reg: 08:00am, Sobeys Parking Lot
	Oromocto, NB		Online Reg: <a href="http://www.runningroom.com">www.runningroom.com</a>
	5K / 10K		\$25.00
	09:00am, Sobeys Parking Lot		Sanctioned

**#6**

## YSJ-10K / 5K

	Sat, May 03 / Samedi, 03 mai		No Race Day Registration! Pre-register at <a href="http://www.atlanticchip.ca">www.atlanticchip.ca</a>
	Saint John Airport, NB		Running Room Super Series (10km)
	5K / 10K		<a href="http://fundysportstourism.com">http://fundysportstourism.com</a>
	5K Start: 12:20pm / 10K: 01:15pm		Flat & fast on Airport Runways & taxiways
	\$35.00 or \$60.00 for the Double Dare		

**#7**

## SCOTIABANK FREDERICTON RACE WEEKEND

	Sun, May 11 / Dimanche, 11 mai		Online Reg: <a href="http://www.atlanticchip.ca">www.atlanticchip.ca</a>
	Fredericton, NB		Event Website: <a href="http://www.FrederictonMarathon.ca">www.FrederictonMarathon.ca</a>
	42.2km, 21.1km, 10km, 5km, 1km & 3km Kids Fun Runs		Registration Fees: Scotiabank Marathon: \$60 (\$70 after 04/27) Half Marathon & Walk: \$55 (\$65 after 04/27) 5K & 10K Run/Walk: \$35 (\$45 after 04/27) Student Discount 5K & 10K Run/Walk: \$15 Kids Fun Runs: \$2.00 (Reg only on race day!)
	Main Events Start: Sunday 08:00am, Queen Square @ Aberdeen St Kids Runs: Saturday 02:00pm, Crowne Plaza		Timex Series / Running Room Super Series (Half Marathon)
	Saturday, May 10 from 2:00pm-6:00pm at the Crowne Plaza, Downtown Fredericton ABSOLUTELY NO RACE DAY REGISTRATION for the main events – only for kids runs!		

**#8**

## DR. KEATING 5-MILE ROAD RACE

	Sat, May 24 / Samedi, 24 mai		No Race Day Reg, please register online
	Miramichi, NB		Online Reg: <a href="http://www.atlanticchip.ca">www.atlanticchip.ca</a> (Deadline: May 23rd)
	5 Miles		\$30.00 (\$20.00 for 18 and under)
	Walkers: 09:30am / Runners: 10:00am, James M Hill High School Track		Elite Series

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# **MIRAMICHI RIVER RUNNERS**

## **2014 Schedule**

Sunday April 13 Miramichi April Race 5km at 10am  
Sunday May 4 Miramichi May Race 10km at 10am  
Sunday May 18 Miramichi May Race 5km at 10am

### **Saturday May 24 Dr. Paula Keating 5 Mile Race**

Sunday June 16 Miramichi June Race 5km

### **June 22 Miramichi Rock n Run 5-10-1/2 Marathon**

Sunday July 20 Miramichi Irish Festival Race 5km at 10am  
Wednesday August 6 Miramichi Mile Race at 6:30 pm  
Sunday August 17 Miramichi August Race 5km at 10am  
Sunday August 24 Miramichi Mile Race at 10am

Sunday September 28 Miramichi September Race 5km at 10am  
Saturday September 21 Miramichi Cross Country 5km

Sunday October 5 Miramichi October Race 5km at 10am  
Saturday October 18 Miramichi Cross Country 5km at 10am  
Saturday October 25 Miramichi Cross Country 5km at 10am  
Sunday November 9 Miramichi November Race 5km at 10am  
Sunday November 25 Miramichi December Race 5km at 10am  
Saturday December 6 Party & Awards Night TBA



**CONTACT KARL ROBICHAUD 773-5538**

#9

**RUN/WALK FOR ROTARY CHARITIES**

**Sun, May 25 / Dimanche, 25 mai**  
**St. Stephen, NB**  
 2.5K / 5K Main Event / 10K  
 10:00am, Ganong Nature Park  
 Race Day: 08:30am, Ganong Nature Park



Online Reg: [www.runningroom.com](http://www.runningroom.com)  
 Pre-Reg: \$25 Adults / \$10 Children;  
 Race Day Reg: \$30 Adults  
 Sanctioned  
 "Rotary Couch to 5K Challenge" –  
 Sign up on Facebook!

#10

**RIVER VALLEY RAVE RUN**

**Sat, May 31 / Samedi, 31 mai**  
**Grand Bay-Westfield, NB**  
 5km / Futures Series - 400m,  
 800m on school track  
 11:00am, RV Middle School Front Gate



from 09:00am, River Valley Middle School  
 \$20.00 (Late Fee: \$25.00)  
**Provincial 5K Championship**  
 Running Room Super Series (5km)

**JUNE / JUIN 2014**

#11

**TOUR DE LA RIVIERE LUCIA-CORMIER**

**Sun, June 1 / Dimanche, 1 juin**  
**Sainte-Marie de Kent, NB**  
 5km Walk/Run; 15km Walk/Run;  
 15km: 09:30am / 5km: 10:00am,  
 Ecole Mont-Carmel, 1545 route 525



from 07:00am, Ecole Mont-Carmel,  
 Sainte-Marie de Kent, NB  
 TBD  
 Sanctioned

#12

**ARMY 10K**

**Sat, June 7 / Samedi, 7 juin**  
**CFB Gagetown, Oromocto, NB**  
 10km, 5km Run/Walk, 1km Kids  
 09:00am, CFB Gagetown Base Gym



Race Day: from 08:00am,  
 CFB Gagetown Base Gym  
 5K & 10K: \$25.00 / Kids Race: Free  
 Running Room Super Series (10km)



Registration for all events is \$5  
[web.me.com/scorbord/MRR\\_12](http://web.me.com/scorbord/MRR_12)  
Contact: Karl Robichaud  
Tel: 506-773-5538  
[www.miramichiriverrunners.com](http://www.miramichiriverrunners.com)

## 5K Races

Apr 13, May 18, Jun 16, July 20 (Irish Festival),  
Aug 17, Sep 28, Oct 5, Nov 9 & 25

Start 10:00am, Linden Rec Centre (next to Miramichi Civic Centre/Rink)  
Race Day Registration: 09:00-09:30am, Linden Rec Centre

## 10K Races

May 4

Start 10:00am, Linden Rec Centre (next to Miramichi Civic Centre/Rink)  
Race Day Registration: 09:00-09:30am, Linden Rec Centre

## Mile Races

Aug 6 (Start Time: 06:30pm), Aug 24 (Start Time: 10:00am)

1 Mile Race at General Manson Way

## Cross Country

Sept 21, Oct 18, Oct 25

10:00am at the Ski Club

## Other Events

May 24: Dr. Paula Keating 5 Mile Race

June 22: Miramichi Rock n Run 5km / 10km / Half Marathon

### #13 10 KM CHALEUR BANQUE NATIONALE



Sat, June 14 / Samedi, 14 juin



Race Day Registration 07:00 - 09:00 am  
Location: Sportek Curling Club, Beresford  
(Transportation provided to the start line)



Beresford, NB



Online Reg: [www.atlanticchip.ca](http://www.atlanticchip.ca)



10km, 5km Run & Walk,  
300m & 1K Kids Runs (free)



5K & 10K Run: \$30.00 / 5K Walk: \$10.00



11:00 am, Lingerie RSB,  
Petit-Rocher



Timex Series / Elite Series /  
Running Room Super Series (10km)

### #14 ST. ANDREWS FATHER'S DAY ROAD RACE



Sun, June 15 / Dimanche, 15 juin



08:30-09:45am, SJDA High School



St. Andrews, NB



[www.atlanticchip.ca](http://www.atlanticchip.ca)



5 mi, 500m/1km/2km Kids Races



5mi: \$20.00, Kids Races free



Kids at 9:45 am, 5 mile at 10:00 am,  
Sir James Dunn Academy High School



Running Room Super Series



# The BS Run

SUPPORTING TYPE ONE DIABETES RESEARCH

18th BS Run	April 18th	Delta Fredericton	Distance: 5K / 15K	Start: 10:00am	Cost: \$5
19th BS Run	May 25th	Angelview Park, F'ton	Distance: 5K	Start: 09:00am	Cost: \$5
20th BS Run	June 29th	Killarney Lake, F'ton	Distance: 5K	Start: 10:00am	Cost: \$30
21st BS Run	July 27th	Morell Park, F'ton	Distance: 5K	Start: 09:00am	Cost: \$5
22nd BS Run	August 24th	Carleton Park, F'ton	Distance: 5K	Start: 09:00am	Cost: \$5
23rd BS Run	TBD	Details TBD – Please check RunNB website for more info: <a href="http://www.runnb.ca">www.runnb.ca</a>			
24th BS Run	October 26th	Carleton Park, F'ton	Distance: 5K	Start: 10:00am	Cost: \$5
25th BS Run	November 30th	Nashwaaksis Commons	Distance: 5K	Start: 10:00am	Cost: \$5
26th BS Run	December 28th	New Maryland	Distance: 5K	Start: 08:30am	Cost: \$5

FOR MORE INFORMATION OR HOW TO REGISTER, PLEASE CHECK: [www.facebook.com/thebsrun](http://www.facebook.com/thebsrun)

## #15 BAY OF FUNDY INTERNATIONAL MARATHON & 10K

	Sun, June 15 / Dimanche, 15 juin		No Race Day Reg! Please register online
	Lubec, ME and Campobello Island, NB		<a href="http://www.RaceRoster.com">www.RaceRoster.com</a> (Reg Deadline: May 31st)
	42.2 km, 10km		\$100, discounted 10% per month in advance
	08:30am (Atlantic), West Quoddy Lighthouse, Lubec, Maine, USA		Sanctioned
	<a href="http://www.bayoffundymarathon.com">www.bayoffundymarathon.com</a>		

## #16 10KM RHÉAL HACHÉ

	Sat, June 21 / Samedi, 21 juin		08:00 - 09:30am, Complexe Léopold-Thériault, St-Isidore, NB
	Saint-Isidore, NB		<a href="http://www.atlanticchip.ca">www.atlanticchip.ca</a>
	5km Run/Walk, 10km Road Race		TBD
	10:00am, Bois Gagnon		Sanctioned

## #17 PEAK PERFORMANCE MIRAMICHI ROCK 'N RUN

	Sun, June 22 / Dimanche, 22 juin		Online Reg: <a href="http://www.atlanticchip.ca">www.atlanticchip.ca</a> Deadline: June 21st
	Miramichi, NB		<a href="http://www.runmiramichi.ca">www.runmiramichi.ca</a>
	21.1km / 10km + 5km Run & Walk		Half Marathon Prov. Championships
	08:00am, Linden Rec Centre		Elite Series / Running Room Super Series
	Note: No Race Day Registration!		

# JULY/ JUILLET 2014

#18

## SUBWAY CANADA DAY 10 MILER

	Tuesday, July 1 / Mardi, 1 juillet		Race Day Reg starts at 07:00am
	Grand Bay-Westfield, NB		Online Reg: <a href="http://www.atlanticchip.ca">www.atlanticchip.ca</a>
	5km, 10km, Main Event 10 miler		\$20.00 (\$25.00 after June 20)
	09:00am, River Valley Rink		Timex / Running Room Super Series (10mi)

#19

## "BEAT THE TIDE" 5 MILER

	Saturday, July 5 / samedi, 5 juillet		No Race Day Registration, please register online
	St. Andrews by the Sea		Online Reg: <a href="http://www.atlanticchip.ca">www.atlanticchip.ca</a>
	5 Miles		TBA
	TBA, Minister's Island		Running Room Super Series
	<a href="http://www.tristandrews.com">www.tristandrews.com</a>		

#20

## COURSE GEORGE GALLANT 10K

	Sat, July 12 / Samedi, 12 juillet		Race Day Reg: LJR High School
	Shediac, NB		Online Reg: TBA
	10km, 5km, Kids (6-15) 1km, Kids (<6) 100m		TBA
	Start Times: TBA / Start Location: Louis-J.-Robichaud High School		Provincial 10K Championship Running Room Super Series (10K)

#21

## COURSE À PIED «BON COEUR»

	Sat, July 12 / Samedi, 12 juillet		Race Day Reg: 09:00 - 09:30am, École Mgr Martin, 15, rue Deschênes
	St-Quentin, NB		Online Reg: <a href="http://festivalwesternnb.com">http://festivalwesternnb.com</a>
	2km / 5km / 10km		Running Room Super Series (10km)
	10:00am, École Mgr Martin		

## #22 BOYS & GIRLS CLUB 1/2 MARATHON & 10K

	Fri, July 18 / Vendredi, 18 juillet		<a href="http://www.raceroster.com">www.raceroster.com</a>
	Grand Manan, NB		10km: \$20.00 / Half Marathon: \$30.00
	21.1km / 10km		Sanctioned
	08:00pm, North Head Fisherman's Wharf		<a href="http://www.raceroster.com">www.raceroster.com</a>
	Race Day Reg: Back Porch Cafe		Scenic ocean view run

## #23 RICHIBUCTO RUM RUNNERS RUN

	Sat, July 19 / Samedi, 19 juillet		09:00am, Richibucto Town Hall
	Richibucto, NB		Race Day Reg available
	5km / 10km		Sanctioned

## #24 CENTREVILLE SUMMERFEST 5K ROAD RACE

	Sat, July 19 / Samedi, 19 juillet		Race Day Reg: 08:00am
	Centreville, NB		Reg Fees TBA
	5km		<a href="http://villageofcentreville.ca">http://villageofcentreville.ca</a>
	08:30am, Community School		Sanctioned

## #25 TIM HORTONS JOE MCGUIRE ROAD RACE

	Sat, July 26 / Samedi, 26 juillet		<a href="http://www.atlanticchip.ca">www.atlanticchip.ca</a>
	Woodstock, NB		<a href="http://joemcguireroadrace.wordpress.com">http://joemcguireroadrace.wordpress.com</a>
	5km Run & Walk / 10km Run		Before July 11th: 10K Run \$35 / 5K Run \$30 / 5K Walk \$10 – After July 11th: 10K Run \$40 / 5K Run \$35; 5K Walk \$10; Youth 14 & under: \$5
	08:30am, Woodstock Town Hall		<a href="#">Running Room Super Series (10K)</a>
	No Race Day Registration! Please preregister online! Deadline: July 24th		

RunNB's Celebration Of  
Running and Walking 2014

Saturday, November 15  
Danny's in Beresford, NB

Check RunNB website for more information



La célébration de CourseNB de  
la course et de la marche 2014

Samedi, le 15 novembre  
Danny's, Beresford, N.-B.

Voir le site de CourseNB pour plus d'information

# AUGUST / AOÛT 2014

**#26**

## BRAYON COURS

	Sun, August 03 / Dimanche, 03 août		Race Day: 07:00 - 08:15am, Palladium
	<b>Edmundston, NB</b>		<a href="http://www.inscriptionenligne.ca/brayons-cours">www.inscriptionenligne.ca/brayons-cours</a>
	1km / 3km Run & Walk / 5km / 10km / 21.1km		3K: \$15.00 / 5K: \$20.00 / 10K : \$25.00 / 21.1km \$30.00
	09.00am for 1km / 09:30am for all other events @ Palladium Arena		Sanctioned

**#27**

## FREDERICTON BEER RUN

	Monday, August 04 / Lundi, 04 août		Online Reg: <a href="http://www.eventbrite.ca">www.eventbrite.ca</a>
	<b>Fredericton, NB</b>		Deadline: July 10th
	6km / 12km		Fee: \$50
	12:00 Noon, Delta Fredericton		Sanctioned
	No Race Day Registration!		Join us on NB Day as we go for a run followed by some fantastic brews

**#28**

## CHIPMAN NB DAY ROAD RACE

	Monday, August 04 / Lundi, 04 août		Race Day Reg: 08:00 - 09:30am, Chipman Forest Avenue School Gym
	<b>Chipman, NB</b>		Online Reg: Running Room & Atlantic Chip
	5km Run/Walk/Nordic Walk, 10km Run		Reg Fee: \$25.00
	10:00am, Chipman Public Library		Running Room Super Series (10km)

**#29**

## COURSE CLARENCE BASTARACHE RUN

	Sat, August 09 / Samedi, 09 août		Race Day Reg: 08:00 - 09:30am, Gymnase École Dr Marguerite Michaud, Bouctouche
	<b>Bouctouche, NB</b>		\$25.00
	5km Run/Walk, 10km (Main Event)		Running Room Super Series (10km)
	10:00am, Dunes de Bouctouche		

#30

**EMERA MARATHON BY THE SEA**

	Sun, Aug. 10 / Dimanche, 10 août		No Race Day Registration – preregister online or in person on Saturday Aug 09 from 10:am - 06:00pm
	Saint John, NB		<a href="http://www.marathonbythesea.com">www.marathonbythesea.com</a>
	Recharge with Milk Marathon, Running Room Half Marathon, GoodLife 10km, ICS 5km and Relay, Lily Lake Hustle Kids Runs		For Registration Fees and other info, please check our website <a href="http://www.marathonbythesea.com">www.marathonbythesea.com</a>
	08:00 am, Rockwood Park		Sanctioned
	Online Reg available at our website		

#31

**10KM - CAISSE POPULAIRE ACADIE**

	Sat, August 23 / Samedi, 23 août		Race Day Reg 08:00 - 09:30am, Fédération des caisses Acadiennes, Édifice Martin-J.-Légère
	Caraquet, NB		<a href="http://www.atlanticchip.ca">www.atlanticchip.ca</a>
	5km / 10km		5km: \$20.00 / 10km: \$30.00
	5km: 10:00am / 10km: 10:15am, Fédération des caisses Acadiennes, Édifice Martin-J.-Légère		Timex / Running Room Super Series (10km)

#32

**CELEBRATE SUSSEX 5K & 10K**

	Sun, Aug. 24 / Dimanche, 24 août		Online Reg: <a href="http://events.runningroom.com">http://events.runningroom.com</a>
	Sussex, NB		<a href="http://www.potashcorpvcicentre.com">www.potashcorpvcicentre.com</a>
	10km / 5km / Kids 1km		In Person: \$35 for 10k / \$25 for 5k / Free for Kids 1k
	09:30am, PotashCorp Civic Centre		Running Room Super Series (10km)
	No Race Day Reg – preregister in person at the PotashCorp Civic Centre or register online		All proceeds support PotashCorp Civic Centre youth programming

#33

**UNB RACE AGAINST THE REDS**

	Sat, August 30 / Samedi, 30 août		Race Day Reg: 08:00 - 9:30am, Odell Park Lodge upstairs
	Fredericton, NB		Reg Fees TBD (all profits go to UNB Cross Country)
	1km Kids / 5km		Running Room Super Series
	Kids at 09:30am, 5km at 10:00am at Odell Park Lodge, Fredericton, NB		

## #34 DEMI-MARATHON SPORTS EXPERTS DE SAINT-FRANÇOIS

	Sun, Aug. 31 / Dimanche, 31 août		08:30-09:30am, Municipalité de St-François
	Saint-Francois, NB		Online Reg: <a href="http://www.inscriptionenligne.ca/demi-marathon-saint-francois">www.inscriptionenligne.ca/demi-marathon-saint-francois</a>
	3km, 8km, 21.1km		Half Marathon: \$30.00 / 8 km: \$20.00 / 3 km Kids: \$6.00
	10:00am, Municipalité de St-François 2033, rue Commerciale		Running Room Super Series (21.1km)

## SEPTEMBER / SEPTEMBRE 2014

## #35 FÊTE AU VILLAGE DE CHARLO FALL FAIR

	Sat, Sept. 06 / Samedi, 06 sept.		Race Day Reg: 08:30 - 09:30am, St-François Xavier Church Basement
	Charlo, NB		Fees TBA
	10km, 5km, 1km (Kids)		Sanctioned
	Kids 09:00am, 5km & 10km 10:00am, St-François Xavier Catholic Church		

## #36 HAMPTON FIVE MILER

	Sun, Sept. 7 / Dimanche, 7 sept.		Online Reg: <a href="http://www.atlanticchip.ca">www.atlanticchip.ca</a>
	Hampton, NB		<a href="http://www.hamptonriverrunners.ca">www.hamptonriverrunners.ca</a>
	5mi, 3km Youth, 1km (Kids)		5-mi: Pre-Reg \$25.00 / After Sept 04: \$35.00
	Kids 1km at 09:00am; Main Events at 10:00am, Hampton High School		3km & 1km Kids: \$5.00 on race day
	Race Day Reg: 08:00 - 09:30am, Hampton High School		<b>2013 Provincial 8km Championship</b>
			Running Room Super Series (5mi)

## #37 10KM & 5KM BATHURST

	Sun, Sept 14 / Dimanche, 14 sept		Start Time: TBA
	Bathurst, NB		Race Day Reg: TBA
	5km, 10km		Running Room Super Series / Elite Series

#38

**ACCREON FALL CLASSIC ROAD RACE****Sun, Sept. 21 / Dimanche, 21 sept.****Fredericton, NB**

Half Marathon / 10km / 5km Run &amp; Walk / 3km Middle School Challenge / Kids Run

Start Times: Half Marathon - 08:00am / 10km - 08:45am / 5km - 09:00am / 3km Middle School - 09:20am  
All events start at Queen Square

NO Race Day Registration!

Online Reg: [www.atlanticchip.ca](http://www.atlanticchip.ca)  
(Deadline Sept. 20th)[www.fallclassic.ca](http://www.fallclassic.ca)  
Also find us on Facebook!

Reg Fees: TBA

Running Room Super Series (10km)

#39

**THE UNDIE RUN - SHOW YOU CARE ABOUT CANCER DOWN THERE****Sun, Sept. 28 / Dimanche, 28 sept.****Rothesay, NB**

The Long John 10 km / The Brief 5 km / The 3 person "Boxers" Relay

10:00am, Renforth Warf

No Race Day Registration

Online Reg: [www.atlanticchip.ca](http://www.atlanticchip.ca)  
(Deadline: Sept. 26th)

\$40.00



Sanctioned



All proceeds to Fight against Cancer Down There at the Saint John Regional Hospital

**OCTOBER / OCTOBRE 2014**

#40

**THE DAM RUN****Sat, October 11 / Samedi 11 octobre****Perth-Andover, NB**

10km, 5km, 1km (Kids)

11:00am, River Valley Civic Centre,  
Perth-Andover

10:00am, River Valley Civic Centre

Online Reg: [www.events.runningroom.com](http://www.events.runningroom.com)\$30 Adults / \$20.00 Students /  
\$10.00 Kids Run

Running Room Super Series (10km)

#41

**MARATHON LUC GALLANT****Sun, October 12 / Dimanche, 12 oct.****Kouchibouguac, NB**Full Marathon, Half Marathon,  
10km, 5km, Fun RunEvents begin at 08:00 am,  
Kouchibouguac National ParkRace Day Registration: YES,  
Time & Location TBAOnline Reg: [www.atlanticchip.ca](http://www.atlanticchip.ca)

Reg Fees TBA



Elite Series

#42

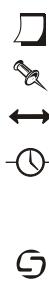
**ISLAND VIEW EAGLES 5K**

**Sat, October 18 / Samedi 18 oct.**  
**Saint John, NB**  
5km Run & Walk / 1km Kids  
09:00am, Island View School



07:00 - 08:00am, Island View School  
[www.events.runningroom.com](http://www.events.runningroom.com)  
\$20.00 / \$50.00 Family Rate / Kids Run \$5.00  
Running Room Super Series

#43

**CREEPY CRAWL 5K RUN**

**Sat, October 25 / Samedi 25 oct**  
**Saint John, NB**  
5km Run & Walk / 1km Kids  
1km Kids at 09:30am / 5km Walkers at 09:45am / 5km Runners 10:00am, Beaconsfield Middle School  
**Sanctioned**



Race Day 08:30 - 09:20am, Beaconsfield Middle School  
Adults \$10.00 / Students & Kids \$5.00 / Family Rate \$25.00. We request all entrants bring a food item with their registration  
Proceeds from this race will benefit Carleton Community Centre and Food Bank

#44

**GTECH LEGS FOR LITERACY MARATHON**

**Sunday, Oct. 26 / Dimanche, 26 oct.**  
**Moncton, NB**  
42.2km / 21.1km / 10km / 5km  
Start Times 08:00 - 08:30am, Main Street Moncton (Delta)  
[www.legsforliteracy.com](http://www.legsforliteracy.com)



No Race Day Registration  
Online Reg: [www.atlanticchip.ca](http://www.atlanticchip.ca)  
See website for details: [www.legsforliteracy.com](http://www.legsforliteracy.com)  
Marathon Prov. Championships  
Running Room Super Series (21.1km)

**NOVEMBER / NOVEMBRE 2014**

#45

**RUN THE RIVER**

**Sat, November 01 / Samedi 01 nov.**  
**Nackawic, NB**  
10km / 5km / 3km / 1km  
08:30am, 135 Otis Drive, Nackawic  
No Race Day Registration



Online Registration: [www.atlanticchip.ca](http://www.atlanticchip.ca)  
(Deadline: October 31st)  
Reg Fees TBA  
[www.facebook.com/runtheriverNackawic](http://www.facebook.com/runtheriverNackawic)  
Sanctioned

## ROAD RACING SERIES

**2014**

## SERIES DE COURSE A PIED

RACE	MY FINISH TIME	NOTES & COMMENTS
#1		
#2		
#3		
#4		
#5		
#6		
#7		
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#11		
#12		
#13		
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## ROAD RACING SERIES

**2014**

## SERIES DE COURSE A PIED

RACE	MY FINISH TIME	NOTES & COMMENTS
#24		
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**20****Races at a Glance  
Survol des courses****14**

#1	APR 06	STU TOMMIES SHOE GIVEAWAY 5K	FREDERICTON, NB	SANCTIONED
#2	APR 13	LORNEVILLE LOOP 13K	SAINT JOHN, NB	SUPER SERIES
#3	APR 26	BRENT KELLY MEMORIAL 5-MILER	SAINT JOHN, NB	SANCTIONED
#4	APR 26	LE 15 KM DE GRANDE-DIGUE	GRANDE-DIGUE, NB	SS / TIMEX / ELITE
#5	MAY 03	MERCURY MARCH	OROMOCTO, NB	SANCTIONED
#6	MAY 03	YSJ-10K / 5K	SAINT JOHN, NB	SUPER SERIES
#7	MAY 11	SCOTIABANK FREDERICTON RACE WEEKEND	FREDERICTON, NB	SS / TIMEX
#8	MAY 24	DR. KEATING 5-MILE ROAD RACE	MIRAMICHI, NB	ELITE
#9	MAY 25	RUN/WALK FOR ROTARY CHARITIES	ST. STEPHEN, NB	SANCTIONED
#10	MAY 31	RIVER VALLEY RAVE RUN (PROV. 5KM)	GRAND BAY-WFLD, NB	SUPER SERIES
#11	JUN 01	TOUR DE LA RIVIERE LUCIA-CORMIER	ST-MARIE DE KENT, NB	SANCTIONED
#12	JUN 07	ARMY 10K	CFB GAGETOWN, NB	SUPER SERIES
#13	JUN 14	10 KM CHALEUR BANQUE NATIONALE	BERESFORD, NB	SS / TIMEX / ELITE
#14	JUN 15	ST. ANDREWS FATHER'S DAY ROAD RACE	SAINT ANDREWS, NB	SUPER SERIES
#15	JUN 15	BAY OF FUNDY INTERNAT. MARATHON & 10K	LUBEC / CAMPOBELLO	SANCTIONED
#16	JUN 21	10 KM RHÉAL-HACHÉ	ST-ISIDORE, NB	SANCTIONED
#17	JUN 22	PEAK PERFORMANCE MIRAMICHI ROCK & RUN	MIRAMICHI, NB	SS / ELITE
#18	JUL 01	SUBWAY CANADA DAY 10 MILER	GRAND BAY-WFLD, NB	SS / TIMEX
#19	JUL 05	BEAT THE TIDE 5-MILER	SAINT ANDREWS, NB	SUPER SERIES
#20	JUL 12	GEORGE GALLANT ROAD RACE (PROV. 10KM)	SHEDIAK, NB	SUPER SERIES
#21	JUL 12	COURSE À PIED «BON COEUR»	SAINT-QUENTIN, NB	SUPER SERIES
#22	JUL 18	BOYS & GIRLS CLUB 1/2 MARATHON & 10K	GRAND MANAN, NB	SANCTIONED
#23	JUL 19	RICHIBUCTO RUM RUNNERS RUN	RICHIBUCTO, NB	SANCTIONED
#24	JUL 19	CENTREVILLE SUMMERFEST 5K ROAD RACE	CENTREVILLE, NB	SANCTIONED
#25	JUL 26	TIM HORTONS JOE MC GUIRE ROAD RACE	WOODSTOCK, NB	SUPER SERIES
#26	AUG 03	BRAYON COURS	EDMUNDSTON, NB	SANCTIONED
#27	AUG 04	FREDERICTON BEER RUN	FREDERICTON, NB	SANCTIONED
#28	AUG 04	CHIPMAN NB DAY ROAD RACE	CHIPMAN, NB	SUPER SERIES
#29	AUG 09	COURSE CLARENCE BASTARACHE RUN	BOUCOUTCHE, NB	SUPER SERIES
#30	AUG 10	EMERA MARATHON BY THE SEA	SAINT JOHN, NB	SANCTIONED
#31	AUG 23	10KM - CAISSE POPULAIRE ACADIE	CARAQUET, NB	SS / TIMEX
#32	AUG 24	CELEBRATE SUSSEX 5K & 10K	SUSSEX, NB	SUPER SERIES
#33	AUG 30	UNB RACE AGAINST THE REDS	FREDERICTON, NB	SUPER SERIES
#34	AUG 31	SPORTS EXPERTS DEMI-MARATHON	SAINT-FRANCOIS, NB	SUPER SERIES
#35	SEP 06	FETE AU VILLAGE DE CHARLO FALL FAIR	CHARLO, NB	SANCTIONED
#36	SEP 07	HAMPTON 5 MILER (PROV. 8KM)	HAMPTON, NB	SUPER SERIES
#37	SEP 14	10KM & 5KM BATHURST	BATHURST, NB	SS / ELITE
#38	SEP 21	ACCREON FALL CLASSIC ROAD RACE	FREDERICTON, NB	SUPER SERIES
#39	SEP 28	THE UNDIE RUN – CARE ABOUT CANCER	ROTHESAY, NB	SANCTIONED
#40	OCT 11	THE DAM RUN	PERTH-ANDOVER, NB	SUPER SERIES
#41	OCT 12	MARATHON LUC GALLANT	KOUCHIBOUGUAC, NB	ELITE
#42	OCT 18	ISLAND VIEW EAGLES 5K	SAINT JOHN, NB	SUPER SERIES
#43	OCT 25	CREEPY CRAWL 5K RUN	SAINT JOHN, NB	SANCTIONED
#44	OCT 26	GTECH LEGS FOR LITERACY MARATHON	MONCTON, NB	SUPER SERIES
#45	NOV 01	RUN THE RIVER	NACKAWIC, NB	SANCTIONED

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