

ROAD RACING CALENDAR  
CALENDRIER DE COURSE A PIED  
NEW / NOUVEAU BRUNSWICK  
2005



[www.anb.ca](http://www.anb.ca)



## ***Run NB Executive 2005***

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**Phil Booker**

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## ***Regional Representatives***

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**Charlotte County /**

**ANB Technical Director :**

**Dave Thomas**

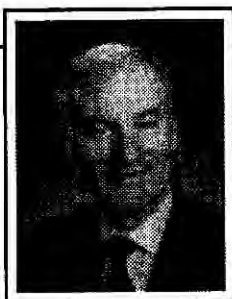
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**Moncton**

**Marc Gautreau**

Dieppe, NB  
Home Phone: (506) 855-5080

***RunNB welcomes volunteers to our committee.  
CourseNB vous invites à joindre notre comité.***



## ***President's Welcome***

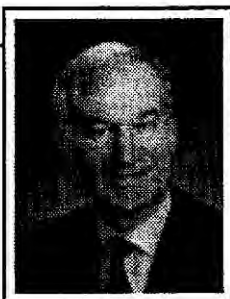
Welcome to the 2005 Run NB Road Racing Series. Come join with us and participate in the races in our schedule. The *Run NB* Committee, our Regional Coordinators and many volunteers have worked diligently to provide you with the opportunity to enjoy a variety of running experiences this year. We are passionately committed to making your running season the highlight of 2005.

Again this year *Run NB* is pleased to have The Running Room returning as our major sponsor for the Super Series events. Together with the Timex Series of races, we are pleased to offer a great variety of running opportunities for both competitive and recreational runners in 2005.

Congratulations to the literally thousands of runners of all ages and from all parts of the country who ran in our events last year. Your participation makes it all possible. We hope you will come on out again and compete against your own race times, socialize with old friends and meet new ones.

Phil Booker  
President Run New Brunswick





## ***Mot du Président***

C'est avec plaisir que je vous souhaite bienvenue à la série de courses sur route de *Course NB*, pour la saison 2005. Venez vous joindre à nous et participer aux événements du calendrier de cette saison. Le comité, les représentants régionaux et les bénévoles ont travaillé très fort afin de vous offrir une variété de courses très intéressantes pour cet été. Nous sommes commis à faire de cette saison une des meilleures.

Encore cette année, *Course NB* est heureuse d'avoir « The Running Room Store » comme commanditaire majeur de la Super Série de *Course NB*. De plus, avec la Série Timex nous pouvons offrir une grande variété de courses pour la saison 2005.

Félicitations aux milliers de coureurs de tout âge et de tout les coins du pays qui ont couru l'an dernier dans nos événements. Votre participation a rendu le tout possible. Nous espérons pouvoir compter sur votre participation encore cette année et même tenter de battre vos temps de course. Venez socialiser avec de vieux amis et faire de nouvelles connaissances.

Phil Booker  
Président du Course N.-B.



## ***Benefits of being part of Run NB Road Racing***



1. **Run NB** promotes road running in New Brunswick by coordinating all the dates of the races throughout the Province within an organized structure to ensure that all runners are aware of the events being offered throughout the year.
2. **Run NB** publishes an annual race booklet for all NB road races. This booklet includes race information such as: dates of the races, starting times, location, distances, contact persons for the races, etc.
3. **Run NB** provides liability insurance for all runners participating in any of the events sanctioned by Run NB
4. **Run NB** maintains a website where race information, race results, Super Series and Timex Race Standings and other pertinent NB road racing news can be found.
5. **Run NB** provides to its sanctioned events some or all of the following:
  - a. A Large Digital Numbers Finish Line Clock
  - b. Race Bib numbers & Pins
  - c. Timex Watches
6. **Run NB** presents Annual Awards to the First Three Overall Winners in the Super Series Races in the six age groups categories, for both Male and Female.

***Join us and be part of the thousands of runners who do each year!***

## ***Les avantages de faire partie de Course NB***



1. **Course NB** promouvoit la course à pied au NB tout en communiquant et coordonnant toutes les courses de façon structurée afin de permettre aux coureurs de planifier leur calendrier pour l'année.
2. **Course NB** publie un livret annuel comprenant l'information pertinente pour les courses à pieds au NB.
3. **Course NB** fournit de l'assurance-responsabilité pour tous les coureurs participant à n'importe lequel de ces événements sanctionnés par Course NB
4. **Course NB** maintient un site web où vous pouvez y retrouver les résultats des courses, classements de la Super Série, et divers autres nouvelles touchant la course à pied au NB.
5. **Course NB** rend les items suivants disponible en entier ou en partie:
  - a) Horloge digitale pour la ligne d'arrivée
  - b) Dossards et épinglettes
  - c) Montres Timex
6. **Course NB** présente annuellement, des prix aux gagnants de la Super Série aux hommes et femmes pour chaque catégories. La Super Série a comme objectif d'encourager les coureurs à participer à plus d'événements.

***Venez-vous joindre des milliers de coureurs qui participent aux courses à pieds du N.-B.!***



# **FREQUENTLY ASKED QUESTIONS**

## **FOIRE AUX QUESTIONS**

### **Who is Run New Brunswick?**

Run New Brunswick (Run NB) is the Organization that promotes Road Running in our province and is an autonomous committee of Athletics New Brunswick (ANB). ANB is the provincial governing body for Track and Field, Cross Country & Road Running and is a member of Sport NB.

### **Qui est Course Nouveau-Brunswick?**

*Course Nouveau-Brunswick (Course NB) est l'organisme s'occupant à promouvoir la course à pied dans notre province et est un comité autonome d'Athlétisme Nouveau-Brunswick (ANB). ANB est l'organisme provincial qui régit l'athlétisme, le cross country et la course sur route et est membre de Sport Nouveau-Brunswick.*

### **How do I become a member of Run NB?**

Once a runner participates in an event listed in the Run NB Race Calendar, that person automatically becomes a Run NB member because a portion of the entry fee goes to Run NB. Contribution to Run NB helps pay for costs such as race booklet publication, purchasing an electronic finish line clock, awards, etc.

### **Comment puis-je devenir un membre de Course Nouveau-Brunswick?**

*Lorsque tu participes à une course sur le calendrier tu deviens automatiquement membre de Course Nouveau-Brunswick car une portion du coût de la course est versée à Course NB. Ainsi, ces contributions à Course Nouveau-Brunswick aide à defrayer le coût des publications promotionnels, l'achat d'horloge électronique, prix, etc. C'est-à-dire à rendre l'expérience des courses au Nouveau-Brunswick plus plaisante.*



## **Does Run NB pay its Executive Committee, Board Members or race day workers?**

Not a Cent! They are all unpaid volunteers. The funds raised by Run NB are put back into the running community for the benefit of everyone.

## ***Est-ce que le comité exécutif, les membres du conseil ou les gens qui travaillent lors des courses sont rémunérés par Course N-B?***

*Pas un sous! Ils sont tous des bénévoles non-rémunérés. Les fonds levés par Course N-B sont ré-investis dans la communauté des coureurs au profit de tout le monde.*

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## **What kind of people participate in Run NB events?**

People like you! The only requirement is that you are a runner and/or you wish to support Road Running in our province. The age of participants over the last few years has ranged from 10 to 80+. Our members come from all over the province. Campbellton to St Andrews and all places in between. From every walk of life. You'll meet lots of great people at the runs and receptions. Many of the Run NB events now include The Kids Series, a shorter distance, which is becoming very popular among kids as young as 6 years old. Last year thousands of runners participated in Run NB events.

## ***Qui est-ce qui participe à Course N-B?***

*Les personnes comme vous! La seule exigence c'est qu'il faut être coureur et/ou vouloir appuyer la course sur route dans la province. Depuis plusieurs années, l'âge varie entre 10 ans et 80+ ans. Nos membres sont de partout dans la province – de Campbellton à St. Andrews – et de toutes conditions sociales. Vous rencontrerez toutes sortes de personnes fantastiques aux courses et aux réceptions. Aussi incluse dans le calendrier de Course Nouveau-Brunswick et grandissant en popularité est La Série Jeunesse. Des courses de distances plus courtes pour les jeunes. L'année dernière des milliers de coureurs ont participé aux événements de Course N-B.*

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## **How fast do Run NB members run?**

There is no distinguishable average pace within our membership. Each person runs at their own desired pace. Whether your goal is 30 minutes or 60 minutes for a 10 km distance – the emphasis is on fun, personal improvement and meeting others with similar interest.

## ***À quelle vitesse courent les membres de Course N-B?***

*Il n'y a pas de vitesse moyenne exigée. Chaque personne court à son propre rythme. Que votre objectif soit 30 ou 60 minutes pour une distance de 10 km, que tu es 10 ans ou 70 ans – l'accent est mis sur le plaisir, le progrès personnel et de rencontrer d'autres personnes avec des intérêts semblables.*

**If I'm not a fast runner, will I have a chance to win a prize or reward?**

Absolutely! You may very well finish in the top three in your Age Category, making you eligible to be recognized at the annual awards banquet. Hope to see you there!

***Si je ne cours pas vite, aurais-je la chance de gagner un prix ou une récompense?***

*Absolument! Vous allez peut-être terminer parmi les trois premiers dans votre catégorie d'âge, et vous serez donc reconnu au banquet annuel. Aussi, plusieurs des courses inclues des prix de présence. On espère vous voir au banquet!*

**Once I participate in a Run NB event, how do I get race results?**

Most events will have results available after the race or you can later visit the Athletics NB web site (<http://www.anb.ca>) and follow the links to Run NB. Most all of the Run NB's Race Results will be available on the web site.

***Comment puis-je obtenir les résultats de la course dont j'ai participé?***

La plupart des événements ont les résultats disponibles sur place après la course. Il est aussi possible de visiter le site web d'athlétisme N-B (<http://www.anb.ca>) et chercher pour le lien avec le site de Course N-B. La plupart des résultats pour Course N-B y seront disponible.

**Come join us and let's put Run NB really on the "Road to Success"!**

***Venez participer pour qu'ensemble on mette Course NB sur 'le chemin du succès'.***

**Remember.**

**For details on any of the races, check our web site.**

***Pour plus de renseignements sur les courses, lisez notre site web.***

**<http://www.anb.ca/indexRunNB.php>**







## Welcome to the 2005 New Brunswick Road Racing Series.

There are over 35 exciting races which form the NB Racing Circuit. More than 25 of those races are designated as **Running Room Super Series** where runners will accumulate points towards the Provincial Standings. As results are received, points are compiled and will be posted on the Run NB web site. Runners will receive points only for the main race of a Super Series event.

Points will be calculated based on finish position within each age category (see list of categories below). Points will be awarded to the top 24 runners in each age category. See the point tables for positions and values. In the event 2 or more runners finish the season with an equal number of points, the runner achieving the best time at the 10K distance will win the tie.

Runners will remain in the same age category for the entire season, based upon their age as of December 31, 2005.

**Previous Super Series winners are posted on Run NB's website  
([www.anb.ca/indexRunNB.php](http://www.anb.ca/indexRunNB.php))**

### POINTS FOR SUPER SERIES RACES

1st = 50 pts	6th = 29 pts	11th = 24 pts	16th = 19 pts	21st = 14 pts	26th = 09 pts	31st = 04 pts
2nd = 45 pts	7th = 28 pts	12th = 23 pts	17th = 18 pts	22nd = 13 pts	27th = 08 pts	32nd = 03 pts
3rd = 40 pts	8th = 27 pts	13th = 22 pts	18th = 17 pts	23rd = 12 pts	28th = 07 pts	33rd = 02 pts
4th = 35 pts	9th = 26 pts	14th = 21 pts	19th = 16 pts	24th = 11 pts	29th = 06 pts	34th = 01 pts
5th = 30 pts	10th = 25 pts	15th = 20 pts	20th = 15 pts	25th = 10 pts	30th = 05 pts	35th = 00 pts

#### Age Categories:

(Men + Women, age on December 31, 2005)

19 & under, 20-29, 30-39, 40-49, 50-59, 60+





## **Bienvenue aux séries des courses à pied de Nouveau-Brunswick pour l'année 2005.**

Cette année, Course NB comprends plus de 35 courses au calendrier. Plus de 25 de ces courses font partie de la "Super Série Running Room". Vous pouvez y participer et accumuler des points envers les rangs provinciaux. Durant la saison de Course NB, les points du coureur sont accumulés et affichés sur le site web de Course NB.

Les coureurs reçoivent des points seulement pour les événements principaux de la Super Série Running Room. Les points sont calculés en se basant sur la position des coureurs dans leurs catégories d'âges respectives (voir la liste des catégories ci-dessous). En cas où deux ou plusieurs coureurs ont des points égaux à la fin de la série, le coureur qui recevra le meilleur temps sur une distance de 10km sera le gagnant.

Tout coureur demeurera dans la catégorie d'âge à laquelle il débuta la saison, basée sur son âge au 31 décembre 2005.

**Les noms des anciens gagnants de la Super Série se retrouve sur le site web de Course N-B ([www.anb.ca/indexRunNB.php](http://www.anb.ca/indexRunNB.php))**

### **POINTS POUR LES COURSES SUPER SÉRIES:**

1st = 50 pts	6th = 29 pts	11th = 24 pts	16th = 19 pts	21st = 14 pts	26th = 09 pts	31st = 04 pts
2nd = 45 pts	7th = 28 pts	12th = 23 pts	17th = 18 pts	22nd = 13 pts	27th = 08 pts	32nd = 03 pts
3rd = 40 pts	8th = 27 pts	13th = 22 pts	18th = 17 pts	23rd = 12 pts	28th = 07 pts	33rd = 02 pts
4th = 35 pts	9th = 26 pts	14th = 21 pts	19th = 16 pts	24th = 11 pts	29th = 06 pts	34th = 01 pts
5th = 30 pts	10th = 25 pts	15th = 20 pts	20th = 15 pts	25th = 10 pts	30th = 05 pts	35th = 00 pts

#### **Catégories:**

(Homme + Femme, âge au 31 décembre, 2005)

-19, 20-29, 30-39, 40-49, 50-59, 60+





## Welcome to the 2005 Timex New Brunswick Road Running Series

## Bienvenue à la saison 2005 de la Série Timex de course sur route du Nouveau-Brunswick

**TIMEX CONTINUES TO BE ONE OF THE MAIN SPONSORS OF RUN NB, PROVIDING BOTH WATCHES AND FINANCIAL SUPPORT TO OUR ORGANIZATION. THANK YOU TIMEX!**  
**TIMEX CONTINUE À ÊTRE UN DES PRINCIPAUX COMMANDITAIRES DE COURSE NB FOURNISSANT DES MONTRES ET DE L'AIDE FINANCIERE A NOTRE ORGANISATION. MERCI TIMEX!**

### **What is the Timex Road Race Series?**

It is a series of seven races chosen by Run NB which are used to select NB's top distance runners and award prizes.

### **Qu'est-ce qu'est la série Timex des courses sur route?**

C'est une série de sept courses choisies par Course NB. Les résultats de ces courses sont utilisés pour choisir les meilleurs coureurs de fond du NB et leur accordées des prix.

### **How are points accumulated?**

For each race, points will be awarded as follows: first will be worth 50 points, second is 45 points, 3rd place is 40 points, 4th is 35 points, 5th is 30 points, 6th is 29 points, etc. The runner who has the highest total points accumulated will be declared the Timex Series winner.

### **Comment est-ce que les points sont accumulés?**

Pour chaque course, des points seront attribués comme suit: la première place reçoit 50 points, le 2ème 45 points, le 3ème 40 points, le 4ème 35 points, le 5ème 30 points, le 6ème 29 points, etc... Le coureur qui a accumulé le plus de pointage sera déclaré le gagnant de la série Timex.

### **Are cash prizes awarded by Run NB?**

This year the athletes, both Male and Female, who finish 1st, 2nd, and 3rd in any of the Timex Races will be given prizes of \$50, \$30 and \$25 respectively for each race. This money, credited to each individual, will be totaled up at the end of the year and will be awarded at the year end banquet.

### **Est-ce qu'il y a des prix d'argent de Course NB?**

Cette année les athlètes, mâle et femelle, qui finissent 1ers, 2èmes, et 3èmes dans n'importe laquelle des courses Timex seront donnés des prix de \$50,00, de \$30,00 et de \$25,00 respectivement. Cet argent sera additionné à la fin de l'année et les athlètes seront attribués l'argent accumulé.

### **TIME STANDARDS:**

*(For the National  
Championships)*

### **LES NORMES**

*(pour les championnats  
nationaux de Timex)*

<b>5K</b>	Men/Homme	15:30	Women/Femme	18:08
<b>8K</b>	Men/Homme	25:37	Women/Femme	29:58
<b>10K</b>	Men/Homme	32:30	Women/Femme	38:00
<b>15K</b>	Men/Homme	50:09	Women/Femme	58:40
<b>10 ml</b>	Men/Homme	53:00	Women/Femme	1:02:00
<b>20K</b>	Men/Homme	1:08:13	Women/Femme	1:19:48
<b>Half/Demi Marathon</b>	Men/Homme	1:12:14	Women/Femme	1:24:30



# 20 05

## Schedule Of Events Horaire des courses

ALL EVENTS ARE SUBJECT TO CHANGE. ALWAYS CHECK WITH THE CONTACT PERSON.  
REFER TO OUR WEB SITE ([www.anb.ca/indexRunNB.php](http://www.anb.ca/indexRunNB.php)) FOR UPDATES & RESULTS.

### KEY TO RACE INFORMATION

Date	Location Lieu	Distance(s)	Registration Enregistrement	Registration Fee Côté d'enregistrement	Mailing Postale
Race Start Départ	Contact	Course Records	Race Status Statut des courses	Online Registration	Info

## April / avril 2005

### #1 BRENT KELLY MEMORIAL 5 MILER

30	Sat, April 30 / Samedi, 30 avril		Sanctioned
	Saint John, NB		Marta Kelly Pitre: 506-672-2288 Email: <a href="mailto:marta.pitre@sjenergy.com">marta.pitre@sjenergy.com</a> or Alex Coffin: <a href="mailto:alex77@nb.sympatico.ca">alex77@nb.sympatico.ca</a>
	5 miles Run/Walk		
	09:00am, Irving Nature Park, Eastern end of Saints Rest Beach		T-Shirts for first 100 registered guaranteed Course: Irving Nature Park - across Saints Rest Beach. Awards: approx 11:00 at kiosk area in the Irving Nature Park
	Running Room, Market Square		T-Shirts aux 100 1er enregistrés, parcours: Parc Nature Irving, ouest de la ville
	<a href="http://www.events.runningroom.com">www.events.runningroom.com</a>		
	\$20.00 (\$25.00 after April 21st)		

#2

## SALISBURY SPRING FLING 5K

30

Sat, April 30 / Samedi, 30 avril



\$15.00



Salisbury, NB



Running Room Super Series #1



5K Run/Walk, Kids 1K

Jocelyn Cliff, Tel. 372-3210, Fax 372-3219  
Email: [chocolateandrunning@hotmail.com](mailto:chocolateandrunning@hotmail.com)

10:15am, JMA/SMS School Complex

Flat & fast course, T-Shirts for first 100, medals, draw prizes, refreshments  
*Parcours plat et rapide, T-Shirts les 100 1er enregistrés, médailles, prix de présences, rafraîchissements*JMA/SMS School Complex,  
55 Douglas Street, Salisbury, NB  
(Tel. 372-3210 Mon-Fri 8:30am until 4pm)  
Race Day Reg: 08-09:00am, School cafeteria

## May / mai 2005

#3

## DAVE McALLAY 5K FOLLY

1

Sun, May 1 / Dimanche, 1 mai

John Peters, Tel. 364-2403,  
Email: [jpeters@mta.ca](mailto:jpeters@mta.ca); or Ross Thomas,  
Email: [massarel@nbnet.nb.ca](mailto:massarel@nbnet.nb.ca)

Sackville, NB



5K Road Race



Sanctioned



02:00pm, MA Athletic Centre

Course: Gently rolling hills within town limits with a downhill finish. Awards: Reception with fruit, muffins, cookies etc to follow race  
*Parcours à petites côtes roulantes à l'intérieur des limites de la ville; descente pour finir; prix; collations après course.*

Race Day: 01-02:00pm, MA Athletic Centre, corner of York &amp; Landsdowne

Male: Scott Simpson - 15:04  
Female: Abbie Porter - 19:47

#4

## FREDERICTON MARATHON

1

Sun, May 8 / Dimanche, 8 mai

Reg. Fees: Marathon \$45.00 /  
Half Marathon \$40.00 / 10K \$30.00

Fredericton, NB

Marathon Course Records:  
Male: Chris Brake - 2:45 (2004)  
Fem: Pam Power-McKenna - 3:30 (2004)

42.2km, 21.1km, 10km



RR Super Series #2 (Half Marathon)

Start / Départ: Queen Square Park  
08:00am: Athletes with Disabilities  
*Participants handicapés*More info: [www.FrederictonMarathon.ca](http://www.FrederictonMarathon.ca)09:00am: Start / Départ Marathon  
09:30am: Start 10K / Départ 10km  
10:30am: Start Half-Marathon /  
Départ Demi-MarathonChampionChip timing, T-Shirts, Finisher medals, meal, awards & prizes, pre-race pasta dinner (incl.), scenic & flat course  
*ChampionChip, T-Shirts, médailles aux finissant, repas, prix, souper aux pâtes; piste panoramique et plat*

Race Day Reg: 7:00-8:30am, Queen Square

Online Reg: [www.FrederictonMarathon.ca](http://www.FrederictonMarathon.ca)

## #5 P.R.O. KIDS 5K RUN & 1 MILE WALK











 <b>Sun, May 15 / Dimanche, 15 mai</b>		Pre-Reg: Running Room, Market Square Race Day Reg: 09-10:45am, Exhibition Raceway
 <b>Saint John, NB</b>		<a href="http://www.events.runningroom.com">www.events.runningroom.com</a>
 6km Kids Run, 1 mile Walk		\$15.00 (\$20.00 after May 7th)
 11:00am, Exhibition Raceway		Flat & fast course, T-shirts <i>Parcours plat et rapide, T-Shirts</i>
 Mike Doyle, Tel: 506-696-4922 Email: <a href="mailto:mrdoyle@nbnet.nb.ca">mrdoyle@nbnet.nb.ca</a>		
 Sanctioned		

633-5184

## #6 LA COURSE DU COUDE / AROUND THE BEND 5K

 <b>Sun, May 22 / Dimanche, 22 mai</b>		\$20.00 (\$25.00 after May 19th)
 <b>Moncton, NB</b>		Yvon Roy, Tel: 506-855-0852, Email: <a href="mailto:yvon.roy@gnb.ca">yvon.roy@gnb.ca</a>
 5km, 1km Kids		Running Room Super Series #3
 10:00am		<i>Male: Chris Landry - 16:19 Female: Isabelle Cormier - 20:02</i>
 09:00am, behind Blue Cross Bldg on Assumption Street <i>Site de départ: Derrière l'édifice de la Croix Bleue rue Assomption</i>		Flat & fast course, T-shirts <i>Parcours plat et rapide, T-Shirts</i>



## #7 RACE AGAINST THE REDS

 <b>Sun, May 29 / Dimanche, 29 mai</b>		Jason Bond, Tel. 506-452-1070, Email: <a href="mailto:jason.bond@unb.ca">jason.bond@unb.ca</a> – or: Chris Gairns, Email: <a href="mailto:u8gv1@unb.ca">u8gv1@unb.ca</a>
 <b>Fredericton, NB</b>		Gently rolling loops through Odell Park, 5-member teams welcome, post-race BBQ, awards, draw prizes, showers available T-Shirts for first 50 registered guaranteed, <i>Parcours à boucles avec pentes douces à travers le parc Odell, équipes de 5 bienvenue, BBQ, prix mérites/présence, douches disponibles, t-shirts aux 50 premiers enregistrés</i>
 1km Kids, 5km (Teams & Individuals)		
 1km 09:30am, 5km 10:00am at Odell Park, Fredericton, NB		
 8:00-9:00am, Odell Park Lodge		
 <a href="http://www.trackie.ca/onlineRegUNB.php">http://www.trackie.ca/onlineRegUNB.php</a>		
 \$20.00		
 Running Room Super Series #4		



**#8 5K RUN/WALK/HIKE FOR HOSPICE**

 Sun, May 29 / Dim, 29 mai  
 Saint John, NB  
 5km  
 01:00pm, A-Frame,  
Rockwood Park (by Fisher Lake)  
 11:00am-12:00 noon, at event site  
 [www.events.runningroom.com](http://www.events.runningroom.com)  
 Running Room Super Series #5  
 \$25.00

 Daryl Steeves, Email: [daryls@nb.sympatico.ca](mailto:daryls@nb.sympatico.ca)  
 Tel: 506-847-2362 – or contact: Hospice of Saint John and Sussex, Tel: 506-632-5593,  
 Email: [hilru@reg2.health.nb.ca](mailto:hilru@reg2.health.nb.ca)  
 T-shirts (first 200 registered), BBQ, door prizes. Beautiful course in Rockwood Park. All proceeds to Hospice of Saint John and Sussex.  
*T-shirts (1er 200 enregistrés), BBQ, prix de présences, beau parcours au Parc Rockwood. Les profits seront distribués à l'Hospice de Saint John et Sussex.*




**June / juin 2005****#9 COURSE ASSOMPTION VIE**

 Sat, June 4 / Samedi, 4 juin  
 Dieppe, NB  
 10km, 5km Run & Walk, 1km Kids  
 Kids 10:30am, Main Events 11:00am  
Ecole Anna-Malenfant, rue Centrale  
 8:00am - 10:00am  
 Rachele Landry, Tel: 506-857-9400 (w),  
Email: [rachele.landry@assomption.ca](mailto:rachele.landry@assomption.ca)  
 or: Eric Couture, Tel: 506-857-9400 (w),  
Email: [eric.couture@assomption.ca](mailto:eric.couture@assomption.ca)

 451 rue Paul, Suite 200  
Dieppe, NB E1A 6W8  
 Male: Carol LaPage - 33:39 (2002)  
Female: Patty Blanchard - 37:36 (2002)  
 Running Room Super Series #6 (10K)  
 Flat course, post race refreshments (fruits & drinks), awards, draw prizes, entertainment for kids  
*Parcours plat, fruits et breuvages à l'arrivée, prix de présences, divertissement pour enfants*

**#10 10KM CHALEUR BANQUE NATIONALE**

 Sat, June 11 / Samedi, 11 juin  
 Beresford, NB  
 10km, 5km Run & Walk  
 11:00 am  
 8:00 - 10:00 am,  
Sportek Curling Beresford  
 Denis St-Onge, Tel. 506-548-4137 (H),  
E-Mail: [stonge.d@pg.com](mailto:stonge.d@pg.com) – or:  
Mario Boudreau, Tel: 506-783-7254

 Timex #1 (10K)  
Running Room Super Series #7 (10K)  
 Male: Joel Bourgeois - 29:35 (1996)  
Female: Patty Blanchard - 35:49  
 Fiat & very fast, T-Shirts (1st 150 registered), \$\$ for top 3 male & female finishers in 10K, lots of draw prizes, post race meal  
*Parcours plat et rapide, T-Shirts (150 premieres personnes à s'enregistrer), bourses aux trois 1er finissants (H&F) du 10k, prix de présences, repas*



# Running Room LTD

LEARN TO RUN  
FOR WOMEN ONLY  
PERSONAL BEST  
5KM & 10KM TRAINING  
HALF & FULL MARATHON



# WALKING ROOM

WALKING (FITNESS)  
WALKING - 5KM & 10KM  
WALKING - HALF & FULL  
MARATHON

Check your local Running / Walking  
Room for availability of starting  
dates and times.

**FREE!**

RUN / WALK PRACTICE TIMES

**SUNDAYS 8:30 AM**

**WEDNESDAYS 6:00 PM**






# Clinics

register online [www.runningroom.com](http://www.runningroom.com)


#11

## SPRING INTO SUMMER


 Sat, June 11 / Samedi, 11 juin

 Moncton, NB

 5km Run/Walk

 10:00am, New Mapleton Park  
Pavillion (Mapleton St Entrance -  
street beside Costco), Moncton

 08:00am - 09:45am

 \$20.00


Sanctioned



 Peter Sawyer, Tel: 506-388-3013  
 E-Mail: [agonistes\\_1@hotmail.com](mailto:agonistes_1@hotmail.com)

 Male: Ynuq Bossé - 16:17 (2003)  
 Female: Michelle Cormier - 18:54 (2003)

 T-Shirts for the first 50 registered,  
 5km (2.5km loop) on trails in Mapleton Park  
*T-Shirts au 50 premières personnes à  
 s'enregistrer, 2 boucles x 2.5km sur les  
 sentiers du Parc Mapleton*

#12


## CATCH THE BUG 10K

 Sun, June 12 / Dimanche, 12 juin


 Saint John, NB

 10km, 1km Kids

 10:00am, Market Square

 08:00 - 09:30am, Market Square

 \$20.00

 Cheryl McConkey: (506) 658-2854,  
 E-mail: [Cheryl.McConkey@saintjohn.ca](mailto:Cheryl.McConkey@saintjohn.ca)
 Running Room Super Series #8

 Saint John Police Force,  
 c/o Cheryl McConkey  
 15 Market Square,  
 7th Floor City Hall Bldg,  
 Saint John, NB E2L 1E8

 Male: Michel Boudreau - 32:23 (2000)  
 Female: Leslie Carson - 36:56 (2002)

 Light post-race lunch (at 11:30am),  
 awards & prizes, T-Shirts for first 200  
*Repas chaud (11h30), médailles et prix,  
 T-shirts (1er 200 enregistrés)*


#13


## ST. ANDREWS FATHER'S DAY 5 MILER

 Sun, June 19 / Dimanche, 19 juin

 St. Andrews, NB

 5 miles, Kids 1.5 miles (free event)

 10:00am, St. Andrews Motor Inn,  
111 Water Street

 8:30am - 9:45am, Sir James Dunn  
Academy High School

 \$10.00

 Mike Power, Tel: 506-529-3065 (H),  
 E-Mail: [powermj@nbnet.nb.ca](mailto:powermj@nbnet.nb.ca) - or:  
 Verne Cunningham, Tel: 506-529-3769

 c/o Verne Cunningham,  
 12 Omega Lane,  
 Bocabec, NB E5G 3T1


Timex #2 / Running Room Super Series #9


 Male: Jamie McSkimming - 25:33 (1981)  
 Female: Michelle Cormier - 29:59 (1999)

 Same beautiful but challenging coastal course  
 since 1979, trophies & medals, refreshments,  
 draw prizes, medals & ribbons for kids  
*Établie en 1979, un parcours panoramique  
 côtier, trophées médailles, rubans aux  
 jeunes coureurs et prix de présences.*

**Sun, June 19 / Dimanche, 19 juin**  
**Saint John, NB**  
 5K Run/Walk (Prostate cancer research)  
 11:00am, Harbour Passage  
 09:00am, Harbour Passage  
<http://doitfordadsj.tripod.com/>  
 \$20.00 (\$25.00 after May 30)  
 Info: Tel: 506-648-7801  
 E-Mail: [wheth@reg2.health.nb.ca](mailto:wheth@reg2.health.nb.ca)



*Donations can be mailed to:*  
 Do It For Dad Saint John, c/o Dr. Tom Whelan  
 Suite E, 3D North, Saint John Reg. Hospital  
 Saint John, NB E2L 4L2

Sanctioned

Lunch & Snacks, prizes, T-shirt (first 150).  
 All proceeds to Prostate cancer research –  
 raise min. \$100 and your registration is free!  
*T-shirts (1er 150 enregistrés), goûter. Les profits seront remis à la société du cancer de la prostate. Enregistrement gratuit à tous ceux qui ramasse un min. de \$100.*

**Sat, June 25 / Samedi, 25 juin**  
**Campbellton, NB**  
 10km Run, 5km Run/Walk  
 10:00am, Campbellton Memorial  
 Civic Centre, Salmon Blvd  
 9:00am, Memorial Civic Centre  
 \$15.00



Running Room Super Series #10 (10K)

Carol Savoie, Tel: 506-789-2775,  
 Email: [carol.savoie@campbellton.org](mailto:carol.savoie@campbellton.org)  
 or: Diane Cyr, Tel: 506-789-4955  
 Email: [diane.cyr@gnb.ca](mailto:diane.cyr@gnb.ca)

Scenic course, medals, draw prizes,  
 T-shirts (50), refreshments  
*Parcours panoramique, médailles, prix de présences, T-shirts, goûter*

## July/juillet 2005

**Friday, July 01 / Vendredi, 01 juillet**  
**Grand Bay-Westfield, NB**  
 Half Marathon, 10km, 5km  
 08:45am  
 07:30-08:30am, River Valley  
 Human Performance Centre  
 \$20.00 (\$25.00 after June 29th)



Running Room Super Series #11 (21.1K)

Human Performance Centre, Tel: 738-3554  
 or: Alex Coffin, Tel. 506-652-6946,  
 Email: [marketsquare@runningroom.com](mailto:marketsquare@runningroom.com)











T-shirts (first 400 registered), luncheon,  
 chip timing, draw prizes, childminding (\$5 fee)  
*T-shirts (1er 400 enregistrés), chronométrage  
 « ChampionChip » goûter, prix de présences,  
 service de garderie (\$5)*



**#17 ROCK 'N RUN HALF MARATHON & 10K**

      	<p><b>Sun, July 03 / Dimanche, 03 juillet</b></p> <p><b>Miramichi, NB</b></p> <p>1 Half Marathon, 10K Run &amp; Walk</p> <p>08:30am</p> <p>07:00 - 08:00, Civic Centre Parking Lot</p> <p><a href="http://www.activehealing.ca/rockandrun.html">www.activehealing.ca/rockandrun.html</a></p> <p>Brett Redden or Scott Cook, Tel: 506-773-6600, Email: <a href="mailto:activehealing@rogers.com">activehealing@rogers.com</a></p>	   <p>Running Room Super Series #12 (21.1K)</p> <p>\$15.00 for 10K / \$30.00 for 21.1K</p> <p>\$1000 Prize Money - Cash Prizes for top overall finishers in 10km and 1/2 Marathon, T-Shirts (first 100 runners), Entertainment along the route, maximum 200 runners</p> <p><i>\$1000 en bourse pour les gagnants du 1/2 marathon et 10km, T-shirts (1er 100 enregistrés), musiciens sur le parcours, maximum de 200 participants</i></p>
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**#18 COURSE GEORGE GALLANT ROAD RACE**

      	<p><b>Sat, July 09 / Samedi, 09 juillet</b></p> <p><b>Shediac, NB</b></p> <p>10km, 5km, Kids 1km</p> <p>Kids 1km - 09:30am / 5km - 09:50am / 10km - 10:15am. Start Location: Louis-J.-Robichaud High School</p> <p>8:00am - 9:30am</p> <p>\$20.00</p> <p>Timex #3 (10K), Running Room Super Series #13 (10K)</p>	   <p>Janice Mazerolle, Tel: 506-743-5237, Email: <a href="mailto:jandave@nb.sympatico.ca">jandave@nb.sympatico.ca</a> - or: Daniel Gallant, Tel: 506-743-5391 (H), E-Mail: <a href="mailto:Danisnik@nbnet.nb.ca">Danisnik@nbnet.nb.ca</a></p> <p><i>Male: Randy Bullerwell - 31:25 (1991) Female: Patty Blanchard - 36:12 (1992)</i></p> <p>Fast course, T-shirts (first 400 registered), luncheon, trophies, lots of draw prizes</p> <p><i>Parcours rapide, T-shirts (seulement aux premier 400 enregistrés), goûter, prix de présences</i></p>
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**#19 10KM CLARENCE BASTARACHE**

      	<p><b>Sat, July 16 / Samedi, 16 juillet</b></p> <p><b>Bouctouche, NB</b></p> <p>10km</p> <p>10:00am</p> <p>8:00am, Dr. Marguerite Michaud School</p> <p>Jean-Noel Allain, Tel: 506-743-5960</p> <p>Running Room Super Series #14</p>	  <p>25 Rue Landry, Bouctouche, NB</p> <p>Fiat oceanview course from Bouctouche Dune to MM School, post-race luncheon, medals, draw prizes, awards for 10k runners categories</p> <p><i>Parcours plat avec vue de la mer, commence à la dune de Bouctouche et fini à l'école MM repas; médailles, prix pour les gagnants de chaque catégorie du 10km et beaucoup de prix de présences</i></p>
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#20

## ARMY 10K

 Sat, July 16 / Samedi, 16 juillet  
 Camp Gagetown, Oromocto, NB  
 10km, 5km Run/Walk  
 10:00am  
 08:00 - 09:30am, Base Gym  
 \$20.00  
 Running Room Super Series #15 (10K)



Dave Shirley, Email: [shirley.da@forces.gc.ca](mailto:shirley.da@forces.gc.ca)  
 Tel: 506-422-2000 – or: Dick Hartnett,  
 Email: [hartnett.ric@forces.gc.ca](mailto:hartnett.ric@forces.gc.ca)









Male: Asaf Rashid - 33:38 (2003)  
 Female: Johanne Bellavance-Leblanc - 42:45



Course on Base Running Trails, medals,  
 T-Shirts (for first 100)  
*Parcours sur les sentiers de la base militaire,  
 T-shirts (premier 100 enregistrés), médailles*

#21

## BODY PLUS 7K FUN RUN FOR ARTHRITIS

 Sun, July 24 / Dimanche, 24 juillet  
 Quispamsis, NB  
 7km  
 10:00am  
 08:30 - 09:30am, Good Life  
 Fitness Centre (formerly Body Plus)  
 \$20.00



Janet Flood or Sue Moir,  
 Tel: 506-849-7070,  
 E-mail: [jflood@goodlifefitness.com](mailto:jflood@goodlifefitness.com)



Running Room Super Series #16



Pre & Post Massage, Light Lunch,  
 T-Shirts, prizes  
*Pré/post massage, repas léger,  
 t-shirts et prix*

#22

## 10KM RHÉAL HACHÉ

 Sat, July 30 / Samedi, 30 juillet  
 Saint-Isidore, NB  
 10km  
 05:00pm, Centre Récréatif de St Isidore  
 03:00 - 04:30pm  
 Albénie Losier, Tel: 506-358-6353 (w),  
 506-395-5752 (h)



Male: Joel Bourgeois - 30:08 (1995)  
 Female: Patty Blanchard - 35:14 (1993)



Timex #4, RR Super Series #17



Course from Bois-Gagnon (Start) to Rec  
 Centre St-Isidore (Finish), Meal, T-shirts,  
 money prize and draw prizes  
*Départ de Bois-Gagnon, arrivée au Centre  
 récréatif de St-Isidore, Repas, T-Shirts,  
 prix monétaire et prix de présences*

## #23 CHIPMAN NB DAY ROAD RACE



Monday, August 1 / Lundi, 1 août



\$18.00



Chipman, NB



c/o Brenda Barton, 10 Civic Ct.,  
Unit #1, Chipman, NB E4A 2H9



5km Run/Walk, 10km Run



Male: Bo McGillivray - 31:08  
Female: Patty Blanchard - 37:51 (1992)



10:00am, Chipman Centre



Timex #5 / RR Super Series #18 (10K)



08:00 - 09:30am, Chipman Forest  
Avenue School, Chipman, NB



Fast course, T-shirts (first 75 registered),  
medals, awards, draw prizes, refreshments  
*Parcours rapide, T-Shirt aux 75 premiers  
enregistrés, médailles, prix aux gagnants,  
prix de présences, rafraîchissements*



Brenda Barton, Tel: 506-339-5182 (H),  
506-339-6601 (W), Fax: (506) 339-6197;  
E-mail: [villchip@nbnet.nb.ca](mailto:villchip@nbnet.nb.ca)  
or: Bernie Sisk, Tel: 506-339-6047

## #24 JOHNSON'S INTERNATIONAL 5 MILER



Sat, August 6 / Samedi, 6 août



John Rogers, Tel: 207-454-2761 (W);  
E-Mail: [calaisrec@midmaine.com](mailto:calaisrec@midmaine.com)



Calais, Maine



c/o John Rogers, Calais Recreation Dept.,  
P.O. Box 413, Calais, ME  
04619, USA



5mi, 1mi (Youth)



Male: Rorri Currie - 25:13 (1991)  
Female: Eunice Phillips - 32:37 (1991)



11:00am NB Time (10:00am Maine Time)  
Main Street Park, Calais, ME  
Youth 1-mile starts at 10:00am NB Time  
(09:00am Maine Time) at DiCenzo  
Athletic Complex, Calais Avenue



International event through 3 communities  
and two countries — scenic 5mi course is  
run on Canadian & American soil, Trophies,  
T-Shirts (for first 50 registered)  
*Parcours intéressant qui passe sur le  
côté Canadien et Américain, T-shirts  
(1er 50 enregistrés)*



10:00am NB Time (09:00am Maine Time),  
Main Street Park, Calais, ME



Sanctioned



US \$10.00

Boston Qualifier



# MARATHON BY THE SEA

Saint John • New Brunswick • Canada

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## AUGUST 7<sup>TH</sup> 2005

### Marathon • Half Marathon • 5 Miler

For registration, training or travel information, visit

## [www.marathonbythesea.com](http://www.marathonbythesea.com)

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 Sun, August 7 / Dimanche, 7 août  Saint John, NB  42.2km, 21.1km, 5mi  8:00am, Market Square, Saint John, NB  Pre-Reg. prior to Race Day, <b>NO</b> Race Day Reg. see Website <a href="http://www.marathonbythesea.com">www.marathonbythesea.com</a>  E-Mail: <a href="mailto:info@marathonbythesea.com">info@marathonbythesea.com</a> Website: <a href="http://www.marathonbythesea.com">www.marathonbythesea.com</a>  Online Reg: <a href="http://www.events.runningroom.com">www.events.runningroom.com</a>  Marathon by the Sea, PO Box 7001 Saint John, NB, CANADA E2L 4S4  Reg Fees: 5 Miler \$25.00 / Half Marathon & Marathon \$55.00 (\$65.00 after June 30th)	 Sanctioned  <b>Marathon:</b> <i>Male:</i> Alex Coffin - 2:35:02 (1998) <i>Female:</i> Donna Lockett - 2:58:11 (1997) <b>Half-Marathon:</b> <i>Male:</i> Paul Morrison - 1:14:28 (1996) <i>Female:</i> Lavina Gough - 1:24:23 (2000) <b>5mi Road Race:</b> <i>Male:</i> Christopher Estwanik - 26:13 (2004) <i>Female:</i> Michelle Cormier - 28:42 (1998)  ChampionChip, T-Shirts, medallion, day care service, certificate, entertainment, pre & post meals, Aquatic Centre pool pass <i>ChampionChip, T-Shirts, médailles, certificats, distraction, repas la soirée avant la course et repas durant la cérémonie, pass au Centre Aquatic, service de garderie</i>	
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 August 27 + 28 / 27 + 28 août  Crabbe Mountain Ski Resort, Central Hainesville, near Fredericton, NB  Six long Trail Runs at various distances  <ul style="list-style-type: none"> <li>• <u>Start Times for Saturday events:</u></li> <li>50km Trail Canuck: 08:00am</li> <li>50km Ultimate Canuck (stage1): 08:00am</li> <li>25km Trail Canuck: 09:00am</li> <li>12.5km Trail Canuck: 10:00am (SS event)</li> <li>• <u>Start Times for Sunday events:</u></li> <li>42.2km Marathon Trail Canuck: 08:00am</li> <li>42.2km Ultimate Canuck (stage 2): 08:00am</li> </ul>  Online Reg: <a href="http://www.atlanticchip.ca/events">www.atlanticchip.ca/events</a> Note: Registration closes Wed midnight, August 24th or sooner, if event fills up.	 Running Room Super Series #19 (12.5K)  Various Registration Fees for the various distances – please check the website <a href="http://www.conquerthecanuck.com">www.conquerthecanuck.com</a> for more info  Event Info: <a href="http://www.conquerthecanuck.com">www.conquerthecanuck.com</a> or contact Roy Nicholl (Race Director), Tel: 506-471-4126, E-Mail: <a href="mailto:Trail@CCRR.ca">Trail@CCRR.ca</a>  <b>THE ULTIMATE CANUCK:</b> Run the 50km on Saturday & the 42.2km Marathon on Sunday, for a total of 92.2km. Finishing both of these races qualifies you as an "Ultimate Canuck". <i>L'ULTIME CANUCK: Les coureurs qui complètent la course de 50km le samedi et le 42.2km le dimanche ce qualifie à porter le titre du « Ultime Canuck ».</i>	
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## #27 SUSSEX FIESTA FUN RUN

 Sat, Sept. 03 / Samedi, 03 sept.  
 Sussex, NB  
 5km & 10km  
 10:30am  
 08:30-09:30am, 8th Hussars  
 (Sussex Hockey Rink)  
 \$20.00 (\$25.00 after September 2nd)

 Bruce Guitard, Email: [drseus@nbnet.nb.ca](mailto:drseus@nbnet.nb.ca),  
 Tel: 506-433-3069 — or: Alaina Alexandre  
 Email: [aalexander@nb.arthritis.ca](mailto:aalexander@nb.arthritis.ca)  
 Running Room Super Series #20 (10K)  
 Scenic course, mainly on the Sussex walking  
 trail behind the high school. T-shirts.  
*Le parcours suite le sentiers municipal  
 derrière l'école secondaire de Sussex; T-Shirts.*


## #28 DEMI-MARATHON DE ST. FRANCOIS

 Sun, Sept 4 / Dimanche, 4 sept  
 St. Francois, NB  
 1/2 Marathon, 8km, 3km  
 10:00am, Centre Sportif  
 J. Docithe Nadeau, St. Francois, NB  
 from 08:00am, Arena  
 Gaétane Duval, Tel: 506-992-2780 (H),  
 E-mail: [loisirsstf@nb.aibn.com](mailto:loisirsstf@nb.aibn.com)  
 \$12.00











 c/o Gaétane Duval,  
 1822 rue Commerciale  
 St Francois, NB E7A 1A7  
 Running Room Super Series #21 (21.1K)  
 *Male:* Scott Hare - 1:09:17 (1988)  
*Female:* Patty Blanchard - 1:18:38 (1987)  
 Bursary for the Half Marathon winner,  
 Medals, Draw Prizes, Meal  
*Bourses aux gagnants du 1/2 marathon,  
 médailles, prix de présences, repas*

\$15 / \$10 / \$3










## #29 CHARLO FALL FAIR

 Sat, Sept. 10 / Samedi, 10 sept.  
 Charlo, NB  
 10km, 5km, 1km (Kids)  
 Kids 1K at 09:00am, Main Events  
 at 10:00am, Charlo Rec Centre  
 8:00am - 9:30am, Golden Age Club,  
 Charlo Community Centre, McIntyre St  
 c/o Paul E. McIntyre, 442A William St.,  
 Dalhousie, NB E8E 2X6

 Paul E. McIntyre, Tel: 506-684-6600 (W),  
 E-mail: [paulmkl@nbnet.nb.ca](mailto:paulmkl@nbnet.nb.ca) — or:  
 Peter Babin, Tel: 506-684-2425 (H)  
 *Male:* Jean-Francois Pellerin - 31:45  
*Female:* Patty Blanchard - 34:18  
 Sanctioned  
 Luncheon, medals, draw prizes  
*Goûter, médailles, prix de présences*

#30 HAMPTON FIVE MILER	
 Sun, Sept. 11 / Dimanche, 11 sept.  Hampton, NB  5mi, 1km (Kids)  10:30am, Hampton High School  08:00 - 09:45am, Hampton High School  Event Info at: <a href="http://www.hamptonriverrunners.ca/5miler.htm">www.hamptonriverrunners.ca/5miler.htm</a>	 <a href="http://www.hamptonriverrunners.ca/5miler.htm">www.hamptonriverrunners.ca/5miler.htm</a> <i>Male:</i> Alex Coffin - 26:52 (2002) <i>Female:</i> Jill Brennan - 32:46 (2002) Timex #6 / RR Super Series #22    Scenic course, T-shirts, awards, luncheon, draw prizes <i>Parcours panoramique, T-Shirts, prix aux gagnants, goûter, prix de présences</i>

#31 ATLANTIC BAPTIST UNIVERSITY RUNS	
 Sat, Sept. 17 / Samedi, 17 sept.  Moncton, NB  1km, 5km, 10km  10:00am, Atlantic Baptist University 333 Gorge Rd, Moncton, NB  8:00am - 9:30am  RR Super Series #23 (10K)	 Gilda Ryder - E-mail: <a href="mailto:gilda.ryder@abu.nb.ca">gilda.ryder@abu.nb.ca</a> Tel: 506-863-6444, Fax: 506-858-9694  <i>Male:</i> Alex Coffin - 34:13 (2004) <i>Female:</i> Elita Rahn - 38:43 (2004) <i>Master Male:</i> Robert Jackson - 37:51 (2004) <i>Master Female:</i> Tammy Hiscock - 41:37 (2003)  T-Shirts (only guaranteed for early registrants) T-Shirts (seulement aux premier enregistrés)

#32 MAIN STREET MILE	
 Sat, Sept. 24 / Samedi, 24 sept.  Sackville, NB  1 mile  1:00pm  from 11:00am, Windsor Hall, Mount Allison University  \$12.00  Graeme Stewart, Tel: 506-536-3559, Fax: 506-536-3199 Email: <a href="mailto:ggrstewart@yahoo.ca">ggrstewart@yahoo.ca</a>	 Sanctioned  Point to point race through beautiful Sackville, many spectators due to Fall Fair. Draw Prizes, T-shirts (only for early registrants). Race day registrants are ineligible for T-shirts, but only pay \$5.00. Many younger runners (elementary & middle school levels) participate in this race. <i>Le mille se cours sur la rue principale du village de Sackville, plusieurs spectateurs, prix de présences, T-shirt aux pré-enregistrés seulement. Cout enregistrement sans T-shirt est \$5.00. Jeunes des écoles élémentaire participent en grands nombres.</i>



#33

## FALL CLASSIC ROAD RACE

24

Sat, Sept. 24 / Samedi, 24 sept.



Fall Classic Road Race  
c/o Capital City Road Runners  
PO Box 20104, Fredericton, NB  
E3B 6Y8



Fredericton, NB



Timex #7 (10K),  
Running Room Super Series #24 (10K)



10km, 5km Run/Walk, 5km High School  
Invitational, 3km Middle School Invitational  
5km Corporate Challenge



*Male:* Steve Harris - 32:13 (2000)  
*Female:* Michelle Cormier - 38:38 (2000)



All events start at Queens Square Park  
Start times TBA – check website for  
updates: [www.FallClassic.ca](http://www.FallClassic.ca)



The course is a flat, fast, out-n-back  
from downtown Fredericton, across the  
Saint John & along the Nashwaak River,  
T-shirts, medals, draw prizes, luncheon  
*Parcours aller-retour au centre-ville  
de Fredericton est plat et rapide  
traverse la rivière St. Jean et longe la  
rivière Nashwaak, T-shirts, goûter,  
médailles, prix de présences*



Pre-Reg in person: Tri-Athlete, Kings Place  
Race Day Reg. at Queens Square, time TBA



Online Reg: [www.FallClassic.ca](http://www.FallClassic.ca)



Andrew Craik or Allyson MacDonald:  
[RaceDirector@FallClassic.ca](mailto:RaceDirector@FallClassic.ca)  
More Event Info at: [www.FallClassic.ca](http://www.FallClassic.ca)

#34

## TIM HORTON'S RUN THROUGH HISTORY

25

Sun, Sept. 25 / Dimanche, 25 sept



Contact: (506) 696-4922  
Events Info: [www.runthroughhistory.ca](http://www.runthroughhistory.ca)



Saint John, NB



Participants are running & walking through  
400 years of Saint John's history, following  
a route which features panoramic views of  
the Bay of Fundy and the Saint John River.  
*Cet événement verra les participants  
courir & marcher à travers une histoire  
âgé de 400 ans. Un parcours riche en  
histoire qui passera devant trois forts de  
notre passé longant la rivière Saint Jean  
et la Bay de Fundy.*



3.7mi, 6.8mi, 15.2mi, Generation Walk



8:30am (All runs/walk)



NO RACE DAY REGISTRATION  
Registration Headquarters: NB Museum  
For packet pick-up times (High School),  
see website [www.runthroughhistory.ca](http://www.runthroughhistory.ca)



Online Reg: [www.runthroughhistory.ca](http://www.runthroughhistory.ca)



Sanctioned

# October / octobre 2005

#35

## THE DAM RUN

**Sat, October 8 / Samedi 8 octobre**

Running Room Super Series #25 (10K)



Perth-Andover, NB



Long sleeve shirts guaranteed for first 75 registered. Run along the scenic St John River to the Tobique Dam. Designed for participants to have fun and enjoy nature. Come and collect a T-shirt that says "I ran the Dam Run!!"



10km, 5km, 1km (Kids)



11:00am, River Valley Civic Centre



10:00am, River Valley Civic Centre



\$25.00 (\$10.00 for Students)



Justine Waldeck, Tel: 506-273-4959,  
Fax: 506-273-4947, E-mail:  
[justine.waldeck@perth-andover.com](mailto:justine.waldeck@perth-andover.com)

#36

## LEGS FOR LITERACY MARATHON

**Sun, October 09 / Dimanche, 09 oct.**

Marathon: \$40.00 / Half Marathon: \$35.00 /  
10K and 5K: \$30.00 (Late Fee add \$5.00 ea)



Moncton, NB



Sanctioned



Marathon, Half Marathon, 10km, 5km



21.1K Male: Alex Coffin - 1:16:21 (2004)



8:00am, Start: Moncton Coliseum

21.1K Female: Elita Rahn - 1:26:51 (2004)



No Registrations accepted after Oct.7



Major Door Prize: Airfare, accommodations  
and registration to 2006 Ottawa Marathon!  
T-Shirts, awards in all categories of all races  
*Gros prix de présences : Billet d'avion, hotel et  
le coût d'enregistrement du Marathon d'Ottawa  
2006; T-shirt et prix de mérites aux trois 1er  
de chaque catégorie pour chaque distance*



Online registration coming May 1st –  
check [www.anb.ca/indexRunNB.php](http://www.anb.ca/indexRunNB.php)



Kevin Robart, Tel: 506-384-2854 (H),  
E-Mail: [ktrobert@nb.sympatico.ca](mailto:ktrobert@nb.sympatico.ca)  
or: Tom Spencer, Tel: 506-855 9020

#37

## KENNEBECASIS CHALLENGE MARATHON

**Sun, October 23 / Dim, 23 octobre**

John Kelly, Tel: 506-847-4612,  
E-mail: [johnkelly@kvcmarathon.com](mailto:johnkelly@kvcmarathon.com)  
Gary Kierstead: Tel (506) 832-0582  
E-mail: [garykierstead@hotmail.com](mailto:garykierstead@hotmail.com)



Hampton / Saint John, NB



T-shirts (150), Full marathon, beginning  
in Hampton and running along the  
Kennebecasis River through Quispamsis/  
Rothesay to Saint John / T-shirts (150),  
*le marathon commence à Hampton et  
longe la rivière Kennebecasis, passe par  
Quispamsis/Rothesay jusqu'à Saint John*



42.2km (Marathon)



9:00am - starts in Hampton, Main St.  
Busses leave Harbour Station for  
Hampton at 7:15am



No race day registration  
Reg. deadline is Sat, October 22



Sanctioned

## 2004 RUNNING ROOM SUPER SERIES AGE CATEGORY WINNERS

CAT.	NAME/CITY	POINTS	CAT.	NAME/CITY	POINTS
- 19	Barry Britt, Hampton	390	- 19	Courtney Stevens, Saint John	352
20-29	Chris Brake, Saint John	640	20-29	Elita Rahn, Carter's Point	500
30-39	John Acheson, Cross Creek	503	30-39	Nadine Currie Jackson, F'ton	797
40-49	Robert Jackson, F'ton	865	40-49	Ena MacPherson, Rothesay	300
50-59	Gerald Pugh, Fredericton	743	50-59	Elizabeth Underwood, Grand Bay	550
60+	Claudio Krickler, Rothesay	675	60+	Maryse Jacob, Shediac	200

## 2005 RUNNING ROOM SUPER SERIES RACES

SS	DATE	RACE	LOCATION	RACE	PAGE
#1	APR 30	SALISBURY SPRING FLING 5K WALK/RUN	SALISBURY, NB	#2	11
#2	MAY 8	FREDERICTON MARATHON	FREDERICTON, NB	#4	11
#3	MAY 22	LA COURSE DU COUDE/AROUND THE BEND 5K	MONCTON, NB	#6	12
#4	MAY 29	5K RACE AGAINST THE REDS	FREDERICTON, NB	#7	12
#5	MAY 29	5K RUN, WALK, HIKE FOR HOSPICE	SAINT JOHN, NB	#8	13
#6	JUN 4	COURSE ASSOMPTION VIE	DIEPPE, NB	#9	13
#7	JUN 11	10K CHALEUR BANQUE NATIONALE	BERESFORD, NB	#10	13
#8	JUN 12	CATCH THE BUG 10K ROAD RACE	SAINT JOHN, NB	#12	16
#9	JUN 19	ST. ANDREWS FATHERS' DAY 5 MILER	ST. ANDREWS, NB	#13	16
#10	JUN 25	DAIRY QUEEN ROAD RACE	CAMPBELLTON, NB	#15	17
#11	JUL 1	CANADA DAY HALF MARATHON	GRAND BAY W'FIELD, NB	#16	17
#12	JUL 3	ROCK'N RUN 1/2 MARATHON & 10K	MIRAMICHI, NB	#17	18
#13	JUL 9	COURSE GEORGE GALLANT ROAD RACE	SHEDIAC, NB	#18	18
#14	JUL 16	10K CLARENCE BASTARACHE	BOUCTOUCHE, NB	#19	18
#15	JUL 16	ARMY 10K	DROMOCTO, NB	#20	19
#16	JUL 24	BODYPLUS 7K FUN RUN FOR ARTHRITIS	QUISPAMIS, NB	#21	19
#17	JUL 30	10 K RHÉAL HACHÉ	SAINT-ISIDORE, NB	#22	19
#18	AUG 1	CHIPMAN NEW BRUNSWICK DAY ROAD RACE	CHIPMAN, NB	#23	20
#19	AUG 27	CONQUER THE CANUCK (NB EDITION)	CRABBE MOUNTAIN, NB	#26	22
#20	SEP 3	SUSSEX FIESTA FUN RUN	SUSSEX, NB	#27	23
#21	SEP 4	DEMI-MARATHON DE ST-FRANCOIS	ST-FRANCOIS, NB	#28	23
#22	SEP 11	HAMPTON 5 MILER	HAMPTON, NB	#30	24
#23	SEP 17	ATLANTIC BAPTIST UNIVERSITY RUNS	MONCTON, NB	#31	24
#24	SEP 24	FALL CLASSIC	FREDERICTON, NB	#33	25
#25	OCT 8	THE DAM RUN	PERTH-ANDOVER, NB	#35	26

## 2005 TIMEX SERIES RACES

DATE	RACE	LOCATION	RACE	PAGE
#1	JUN 11	10K CHALEUR BANQUE NATIONALE	#10	10
#2	JUN 19	ST. ANDREWS FATHERS' DAY 5 MILER	#13	16
#3	JUL 9	COURSE GEORGE GALLANT ROAD RACE	#18	18
#4	JUL 30	10 K RHÉAL HACHÉ	#22	19
#5	AUG 1	CHIPMAN NEW BRUNSWICK DAY ROAD RACE	#23	20
#6	SEP 11	HAMPTON 5 MILER	#30	24
#7	SEP 24	FALL CLASSIC	#33	25

#1	APR 30	BRENT KELLY MEMORIAL 5-MILER	SAINT JOHN, NB	SANCT
#2	APR 30	SALISBURY SPRING FLING 5K WALK/RUN	SALISBURY, NB	RACE
#3	MAY 1	DAVE MACAULAY 5K FOLLY	SACKVILLE, NB	SANCT
#4	MAY 8	FREDERICTON MARATHON	FREDERICTON, NB	RACE
#5	MAY 15	P.R.O. KIDS 6K RUN & 1 MILE WALK	SAINT JOHN, NB	SANCT
#6	MAY 22	LA COURSE DU COUDE/AROUND THE BEND 5K	MONCTON, NB	RACE
#7	MAY 29	5K RACE AGAINST THE REDS	FREDERICTON, NB	RACE
#8	MAY 29	5K RUN, WALK, HIKE FOR HOSPICE	SAINT JOHN, NB	RACE
#9	JUN 4	COURSE ASSOMPTION VIE	DIEPPE, NB	RACE
#10	JUN 11	10K CHALEUR BANQUE NATIONALE	BERESFORD, NB	RACE/TIME
#11	JUN 11	SPRING INTO SUMMER - FUN RUN/WALK	MONCTON, NB	SANCT
#12	JUN 12	CATCH THE BUG 10K ROAD RACE	SAINT JOHN, NB	RACE
#13	JUN 19	ST. ANDREWS FATHERS' DAY 5 MILER	ST. ANDREWS, NB	RACE/TIME
#14	JUN 19	DO IT FOR DAD 5K	SAINT JOHN, NB	SANCT
#15	JUN 25	DAIRY QUEEN ROAD RACE	CAMPBELLTON, NB	RACE
#16	JUL 1	CANADA DAY HALF MARATHON	GRAND BAY WESTFIELD, NB	RACE
#17	JUL 3	ROCK'N RUN 1/2 MARATHON & 10K	MIRAMICHI, NB	RACE
#18	JUL 9	COURSE GEORGE GALLANT ROAD RACE	SHEDIAC, NB	RACE/TIME
#19	JUL 16	10K CLARENCE BASTARACHE	BOUCTOUCHE, NB	RACE
#20	JUL 16	ARMY 10K	OROMOCTO, NB	RACE
#21	JUL 24	BODYPLUS 7K FUN RUN FOR ARTHRITIS	QUISPAMISIS, NB	RACE
#22	JUL 30	10 K RHÉAL HACHÉ	SAINT-ISIDORE, NB	RACE/TIME
#23	AUG 1	CHIPMAN NEW BRUNSWICK DAY ROAD RACE	CHIPMAN, NB	RACE/TIME
#24	AUG 6	JOHNSON'S INTERNATIONAL 5 MILE ROAD RACE	CALAIS, MAINE, USA	SANCT
#25	AUG 7	MARATHON BY THE SEA	SAINT JOHN, NB	MARATHON
#26	AUG 27	CONQUER THE CANUCK (NB EDITION)	CRABBE MOUNTAIN, NB	RACE
#27	SEP 3	SUSSEX FIESTA FUN RUN	SUSSEX, NB	RACE
#28	SEP 4	DEMI-MARATHON DE ST-FRANCOIS	ST-FRANCOIS, NB	RACE
#29	SEP 10	CHARLO FALL FAIR	CHARLO, NB	SANCT
#30	SEP 11	HAMPTON 5 MILER	HAMPTON, NB	RACE/TIME
#31	SEP 17	ATLANTIC BAPTIST UNIVERSITY RUNS	MONCTON, NB	RACE
#32	SEP 24	MAIN STREET MILE	SACKVILLE, NB	SANCT
#33	SEP 24	FALL CLASSIC	FREDERICTON, NB	RACE/TIME
#34	SEP 25	TIM HORTONS RUN THROUGH HISTORY	SAINT JOHN, NB	SANCT
#35	OCT 8	THE DAM RUN	PERTH-ANDOVER, NB	RACE
#36	OCT 9	MONCTON LEGS FOR LITERACY MARATHON	MONCTON, NB	MARATHON
#37	OCT 23	KENNEBECASIS CHALLENGE MARATHON	SAINT JOHN, NB	MARATHON

ALL EVENTS ARE SUBJECT TO CHANGE. ALWAYS CHECK WITH THE CONTACT PERSON AND REFER TO OUR WEB SITE ([www.anb.ca/indexRunNB.php](http://www.anb.ca/indexRunNB.php)) FOR UPDATES AND RESULTS.

MY FINISH TIME	PLACE	NOTES & COMMENTS	RACE
			#1
			#2
			#3
			#4
			#5
			#6
			#7
			#8
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			#33
			#34
			#35
			#36
			#37

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Raceclock 607-6LM

S/N LD2089



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- ★ Running Championships
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Phone: 506-455-7946

Email: [mike@atlanticchip.ca](mailto:mike@atlanticchip.ca)

[www.anb.ca/indexRunNB.php](http://www.anb.ca/indexRunNB.php)

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